

The Clubhouse Model of Psychosocial Rehabilitation “offers people living with mental illness opportunities for friendship, employment, housing, education and access to medical and psychiatric services in a single caring and safe environment – this social and economic inclusion reverses the alarming trends of higher suicide, hospitalization and incarceration rates associated with mental illness.” –*Clubhouse International*

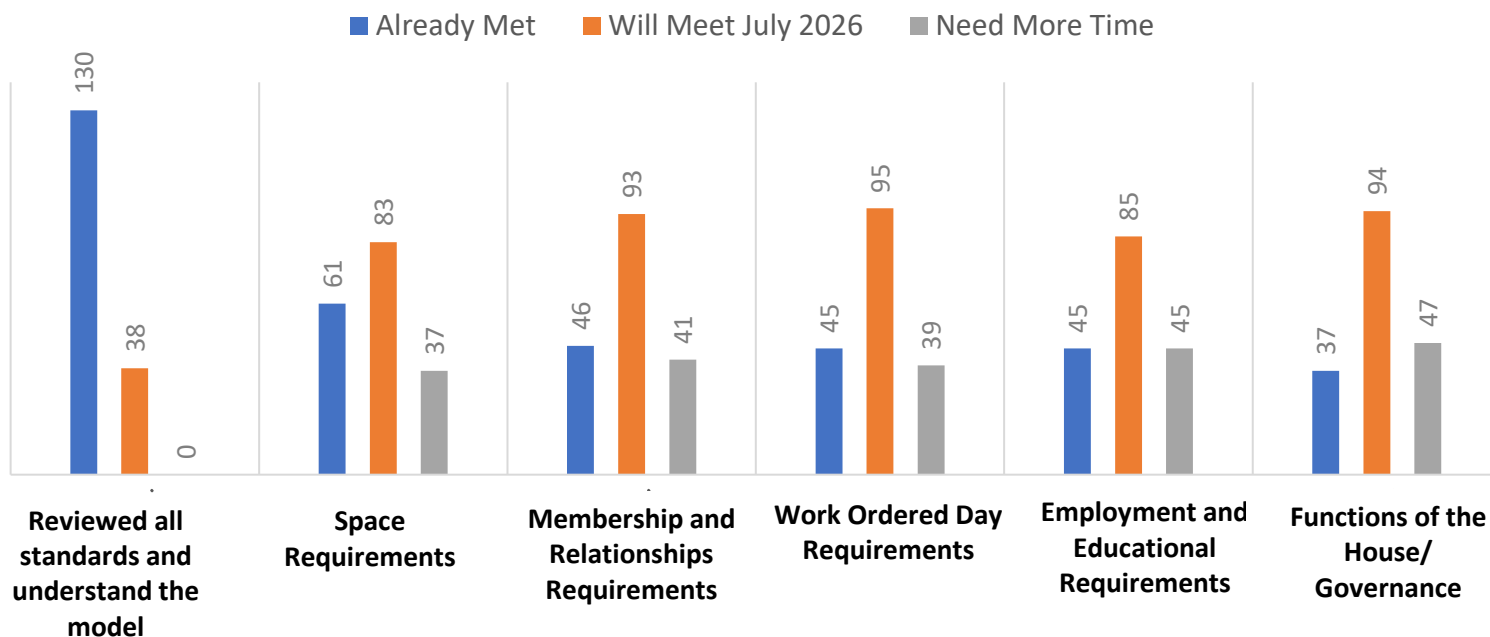
## Transition from Psychosocial Rehabilitation to Clubhouse Model of Psychosocial Rehabilitation

Currently, PSR is provided to approximately 3,700 Medicaid members annually and approximately 2,400 each month. Compared to other mental health rehabilitative services, CSBs provide a significant proportion of PSR services. Notably, CSBs provide 100% of PSR services in the Southwest Region.

DMAS Region	FY2024			FY2025		
	CSB	Other Providers	Percentage CSB	CSB	Other Providers	Percentage CSB
Central Region	\$2,804,629	\$7,429,223	27%	\$2,235,125	\$7,036,240	24%
Charlottesville Western Region	\$807,480	\$539,665	60%	\$657,261	\$485,865	57%
Northern & Winchester Region	\$613,122	\$388,479	61%	\$628,082	\$277,763	69%
Roanoke/Alleghany Region	\$1,214,727	\$832,524	59%	\$1,139,620	\$443,216	72%
Southwest Region	\$1,604,765		100%	\$1,267,489		100%
Tidewater Region	\$1,724,915	\$3,009,771	36%	\$1,486,587	\$3,696,222	29%
Out of State		\$58,882	0%			

- Currently, Medicaid covers Psychosocial Rehabilitation (PSR), a center-based rehabilitative program for adults with serious mental illness.
- Many PSR programs in Virginia were originally based on the Clubhouse model, but Medicaid standards in the 1990s required programs to become more clinical and less aligned with the Clubhouse Model.
- Behavioral Health Redesign is introducing the Clubhouse Model of Psychosocial Rehabilitation into the Mental Health Rehabilitation benefit as a replacement service for PSR and to fill other gaps for adults with Serious Mental Illness. It will be considered a long term maintenance service for Serious Mental Illness.
- Currently, PSR is billed as one, two, or three units per day, with each unit reimbursing \$29.99. To bill three units, a total of 7 hours of service must be provided.
- Under the new model, a single per diem of \$72.41 will be billable on any day that any amount of Clubhouse service is provided. This structure is based on a low level of staffing: Clubhouses should not be able to run without the contributions of the members. This structure is based on programs being open 5 hours a day, with significant community integration components (less of a “day program”).
- Some PSR programs will need to make minimal changes to meet the standards, others will need to make significant program changes such as starting employment programs or empowering Clubhouse members to have a more active role in running the Clubhouse.
- Clubhouse International training is a two week out of state training that costs approximately \$14,000; and the International accreditation process takes about four years. DMAS and DBHDS are working together to set a reasonable standard and identify pathways to provide training and fidelity to the model here in Virginia while also working with the International accrediting body.

## READINESS ITEMS- CLUBHOUSE



*Clubhouse International Model has 35 standards organized within areas. Our Letter of Intent asked about readiness in each area, but did not ask about each individual standard.*

### STATEWIDE

# of Requirements:	Already Meeting:	Plan to Meet by July, 2026:
1 Requirement	67	37
2 Requirements	21	9
3 Requirements	9	3
4 Requirements	10	8
5 Requirements	16	24
6 Requirements	18	106

### REGIONAL

DMAS Region	Total Interested	3+ Currently Met	5+ planned for July 26
Central Region	138	40	95
Charlottesville Western Region	49	15	37
Northern & Winchester Region	39	8	27
Roanoke/Alleghany Region	37	13	29
Southwest Region	11	3	9
Tidewater Region	97	20	61

- 141 Providers are currently meeting at least 1 requirement (which includes reading the standards and being familiar with the model).
- 53 providers currently meeting 3 or more of the 6 items. These are likely already ready for July 1, 2026.
- 130 are either meeting or planning to meet at least 5 requirements by July 1, 2026. These may be ready for July 1, 2026.
- Areas where providers were most likely to need more time to meet the standards were Employment and Educational Requirements (3 employment models are required) and Functions of the House/Governance Requirements, which require an independent board.