

Community Psychiatric Support and Treatment (Youth, Community): Transition Readiness

Community Psychiatric Support and Treatment (CPST) for Youth in the Community is a multicomponent, team-based service for youth. CPST consists of assessment, counseling, therapeutic interventions, care coordination and crisis and functional supports, all delivered through a trauma-informed lens. Services are delivered in collaboration with the youth and their family.

CPST (Community) will be a primary replacement service for Intensive In-Home Services (IIH). In 2024, IIH was billed by 413 unique National Provider Identifiers (NPIs). About 10,500 youth are currently served annually (10,469 served in 2025) in IIH. On a monthly basis, around 4,600 youth are currently served in IIH (average monthly = 4,568 youth).

Prior analysis (linked here: [Cardinal Care](#)) indicated variation in number served by agency statewide, with some providers serving over 100 youth per year and many serving less than 20 youth per year.

Providers of Intensive In Home Services			
Size of Provider	# Billing NPIs	Members Served 2024	% of Members Served
<8 served	152	518	4.9%
8-19 served	93	1168	11%
20-49 served	106	3402	31.9%
50+ served	62	5572	52.3%

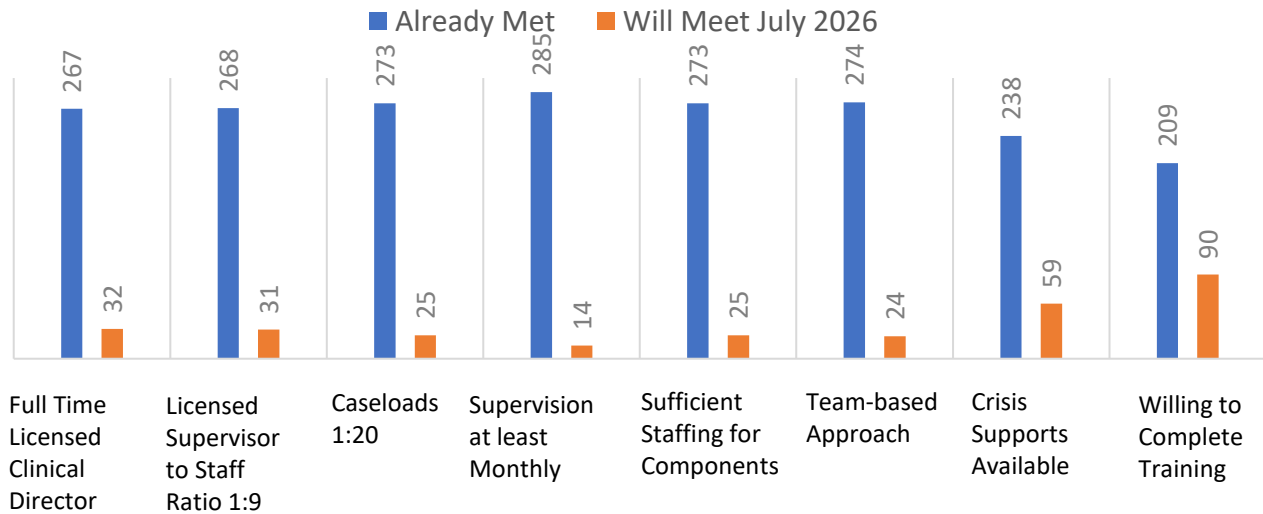
Private providers provide the majority of IIH services statewide, and Community Services Boards (CSBs) provide a small portion of the IIH services provided statewide. But, there is significant regional variation with CSBs providing 18% of IIH in Southwest Region.

Region	2023			2024			2025		
	CSB	% CSB	Other Providers	CSB	% CSB	Other Providers	CSB	CSB %	Other Providers
Central Region	--	0%	\$33,120,918	--	0%	\$34,859,977	--	0%	\$29,217,298
Charlottesville Western Region	--	0%	\$7,556,510	--	0%	\$5,114,375	--	0%	\$3,700,574
Northern & Winchester Region	\$76,748	1%	\$5,422,073	\$89,458	1%	\$6,379,023	\$88,944	2%	\$5,552,906
Roanoke/Alleghany Region	\$183,188	18%	\$853,525	\$82,738	5%	\$1,691,940	\$78,557	4%	\$2,088,763
Southwest Region	\$360,986	34%	\$712,870	\$194,062	22%	\$673,684	\$124,046	18%	\$559,967
Tidewater Region	\$63,350	0%	\$35,932,355	\$45,109	0%	\$38,409,267	\$81,155	0%	\$33,624,086
Out of State					0%	\$14,776		0%	\$4,232

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Providers planning to seek licensure as a CPST-Youth provider through DBHDS were asked to complete a Letter of Intent in November, 2025 and were asked specific questions about key elements of the CPST service requirements. A total of 318 providers completed letters stating interest and intent in providing CPST-Youth in the Community.

READINESS ITEMS YOUTH CPST-COMMUNITY



How do we define "Ready?"

Providers answered 8 items regarding core CPST requirements and supplied information about their planned office location. Items included having a full time, independently licensed clinical director, supervisor to staff ratio below 1:9, caseloads for direct care staff less than 20 and sufficient non-licensed staff to provide all components, supervision at least monthly, using a team-based approach, having crisis support available, and willingness to complete statewide training. Providers could select that they already met the criteria, will meet it by July, 2026, or will need more time to meet the criteria. DMAS staff reviewed their answers and categorized providers. All providers categorized as "Ready" had a full time licensed clinical director, an office location, and at least 7 total criteria met. Providers categorized as "May Be Ready" had more than 4 criteria met but could be missing a licensed clinical director or location. Providers categorized as "Unlikely to be Ready" were meeting less than 4 criteria.

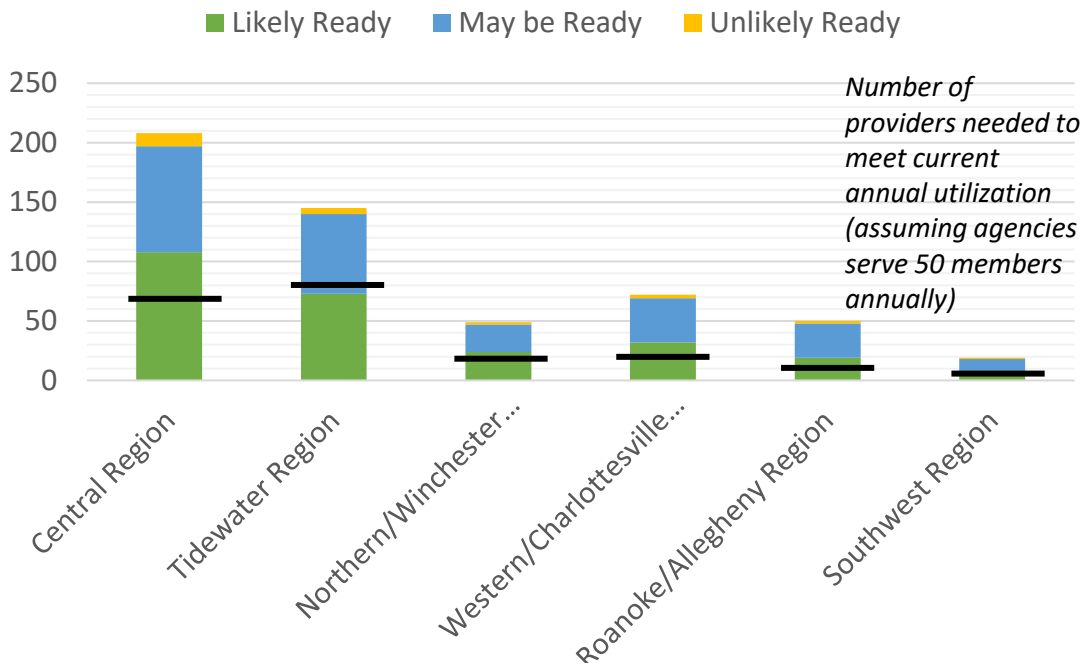
CPST YOUTH- COMMUNITY		
Level of Readiness for July 1, 2026	Count of Providers with Completed Letters of Intent	Percentage of Total
Ready	152	47.8%
May be Ready	140	44.0%
Unlikely to be Ready	26	8.2%
Grand Total	318	100%

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Readiness categories were then analyzed based on the counties that providers listed as where they would provide CPST-Community (Youth). Total interested providers across regions sum to greater than 318 (total number of interested providers) because some providers plan to provide services in multiple regions. Because of variation in size of providers, it is difficult to estimate how many providers are needed per region. Numbers in the table below ("Providers Needed") is based on a flat rate of 50 members served per provider.

Readiness	Central	Tidewater	Northern	Charlottesville	Roanoke	Southwest
Providers Needed	69	79	14	16	8	5
Unlikely to be Ready	11	5	2	3	2	1
May be Ready July 2026	89	67	23	37	29	10
Likely to be Ready July 2026	108	73	24	32	19	8
Grand Total (Interested)	208	147	50	72	50	19

Readiness Level of Providers by Region



In five regions (Central, Northern, Charlottesville, Roanoke, and Southwest), interested providers assessed to be Likely Ready by July 2026 exceeds number of providers needed to meet current utilization. In Tidewater, an additional 6 providers who May be Ready by July 2026 would need to become ready, or agencies would need to serve more than 50 youth annually.

