

# EPSDT

## GUIDE FOR PARENTS

EPSDT is a special Medicaid benefit that guarantees children and teens under age 21 can get the health care they need to grow and thrive.

- ✓ **Early:** Regular checkups and screenings
- ✓ **Periodic:** At regular, age-appropriate intervals
- ✓ **Screening:** To find health, developmental, or mental health issues
- ✓ **Diagnostic:** Follow-up tests when something is found
- ✓ **Treatment:** Care to fix or improve problems



### WHAT'S COVERED?

EPSDT covers all medically necessary services for youth under 21, including:

- Well-child checkups & vaccines
- Vision, hearing, and dental care
- Behavioral and mental health services
- Physical, speech, and occupational therapy
- Personal care and private duty nursing
- Medical equipment and assistive technology
- In-home and community-based supports
- Blood Lead Level testing

**If a service is denied or not listed, ask your provider: "Can this be reviewed under EPSDT for medical necessity?"**

### HELPFUL TIPS

Keep all medical records, referrals, and letters of medical necessity.

- If a service is denied, you have the right to appeal.
- For support, call the Virginia Medicaid Managed Care Helpline
  - 1-800-643-2273 (TTY 1-800-817-6608)
- Reach out to your child's Managed Care Organization (MCO) Coordinator
- Your local health department
- The Department of Medical Assistance Services (DMAS)
  - <https://www.dmas.virginia.gov>
  - EPSDT@DMAS.Virginia.gov



### Remember

EPSDT is not a special program – it is a legal right and benefit for **all** Medicaid enrolled children and youth under the age of 21.

