



Long Term Care Services

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Long-Term Services and Supports

- Variety of Long-Term Services & Supports
- Role of Managed Care Organization

Long Term Services and Supports (LTSS)

- **Nursing Facility**
 - Institutional long term care services include Nursing Facilities, Specialized Care Nursing Facilities, Long-Stay Hospitals, and Out of State Placement
- **Home & Community Based (HCBS)**
 - HCBS offers supports and services to Medicaid children and adults. The waiver services will differ based on individual need and program criteria met
 - Developmental Disability (DD) waivers
 - Eligibility for one of the, is managed through the local Community Services Board
 - Commonwealth Coordinated Care Plus Waiver
 - Eligibility is managed through a LTSS Screening through the local Dept. of Social Services.
- **Program for All-Inclusive Care Services for the Elderly (PACE)**
 - For adults ages 55+ living with chronic health care needs and/or disabilities and receive community-based health care services and supports from an approved PACE program. When a higher level of care is necessary, PACE coordinates the care and covers the cost of nursing facility care.

LTSS Population - June 2024

Average Monthly LTSS Enrollment:

Facilities
~ 19,000

Waiver (HCBS)
~60,000

PACE
~1,800

	Aged, Blind, and Disabled					QMBs (Limited Benefit)
	LTC & Non-LTC				Total	
	Non-LTC	LTC: NF/ICF MR	LTC: Waiver	LTC: PACE		
SFY19	154,299	19,649	49,136	1,236	224,320	62,200
SFY20	152,403	19,846	50,880	1,317	224,445	64,880
SFY21	157,788	19,444	54,092	1,459	232,783	66,967
SFY22	160,116	19,519	56,061	1,544	237,241	66,123
SFY23	160,942	19,850	58,867	1,656	241,316	64,920
SFY24	149,616	19,767	60,595	1,779	231,756	64,000
SFY25 YTD	142,906	19,243	60,733	1,820	224,702	67,156

<https://www.dmas.virginia.gov/data/monthly-expenditure-reports-of-the-medicaid-program/>

LTSS Expenditures - June 2024

Monthly Expenditures June 2024

- **\$156 Million**

LTSS Expenditures Year to Date

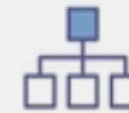
- **\$2.4 Billion**

<https://www.dmas.virginia.gov/data/monthly-expenditure-reports-of-the-medicaid-program/>

Medicaid LTSS & Managed Care

Managed Care

- Each MCO has Care Coordinators who are assigned to each of the MCO's LTSS members
- Care Coordinators are required to do face-to-face assessments on each LTSS member to develop a risk assessment and an individualized care plan (ICP)
- NFs utilize Care Coordinators to assist in finding access to care (specialty services outside of the NF) and to support transitions



MCO is paid a monthly capitated rate for each member to cover the cost of services, supports, and supplies the member needs

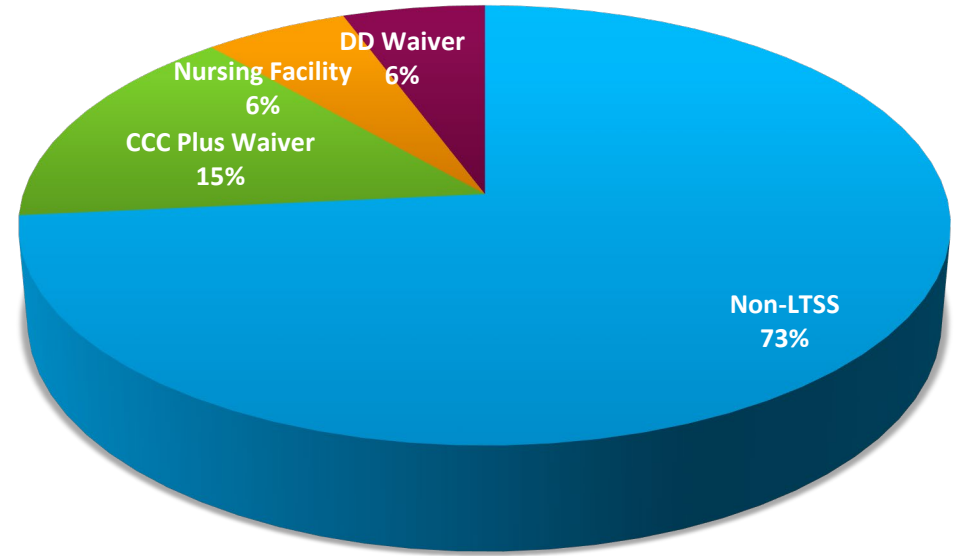
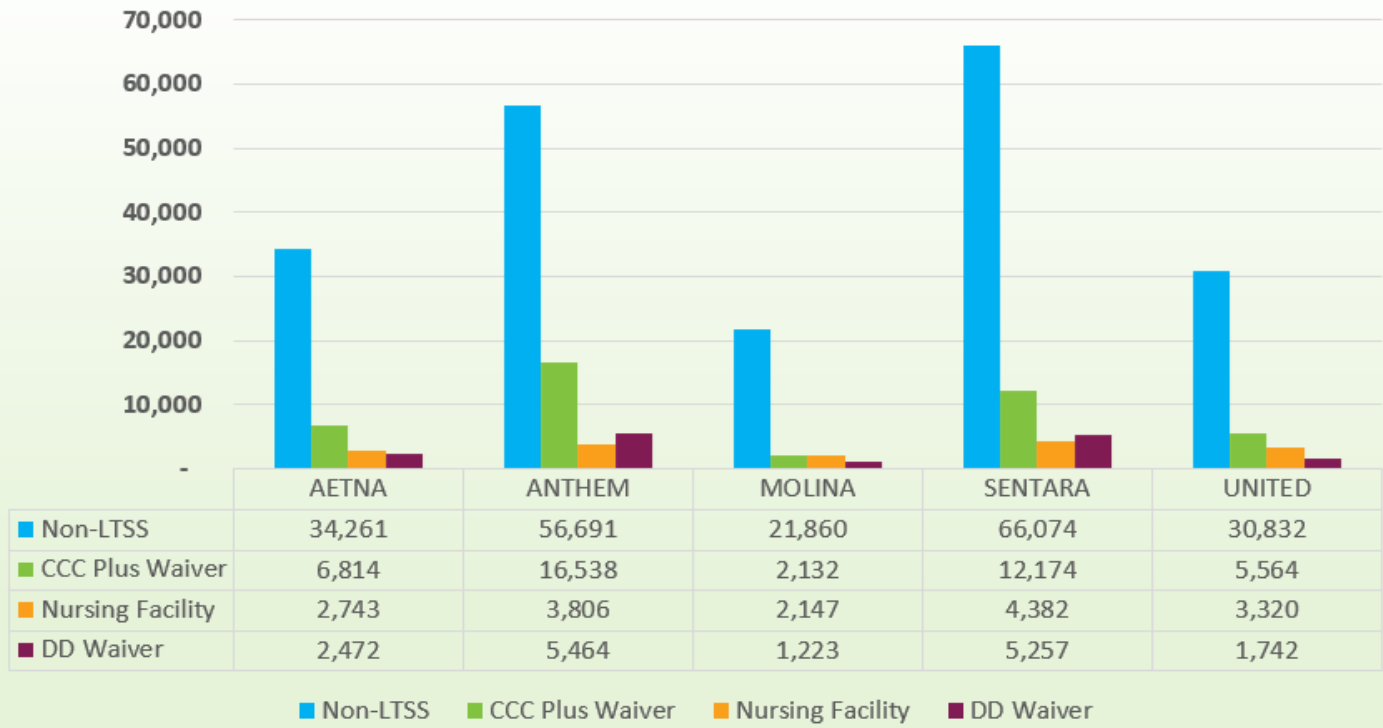


MCO is responsible for ensuring each member is receiving quality care and assisting the member if issues arise

90% of members in NFs are enrolled in Managed Care Organization

MLTSS Enrollment

CCC Plus July 2024 Enrollment by MCO, Benefit Plan



Legend for Pie Chart: Non-LTSS (Blue), CCC Plus Waiver (Green), Nursing Facility (Orange), DD Waiver (Purple)

Program for All-Inclusive Care Services for the Elderly (PACE)

- PACE is a Medicare and Medicaid program that assists individuals to remain in their homes and communities assuring that their needs for long-term services and supports are met.
- PACE programs have been in operation for 17 years, since 2007.
- There are currently 7 PACE organizations, with a total of 14 individual PACE sites serving 2000+ participants.

14 Virginia PACE Sites

- AllCare for Seniors, Cedar Bluff
- Blue Ridge Independence at Home, Winchester (NEW)
- Centra, Farmville
- Centra, Gretna
- Centra, Lynchburg
- Cherry Blossom, Alexandria
- Mount Rogers, Marion
- Mountain Empire, Big Stone Gap
- InnovAge, Charlottesville
- InnovAge, Newport News
- InnovAge, Roanoke
- InnovAge, Richmond
- Sentara Senior Community Care, Norfolk
- Sentara Senior Community Care, Portsmouth

The PACE Team Includes:



- Each of these team members work together to ensure comprehensive healthcare services are provided to meet the needs and preferences of the individual.
- Although most services are provided by the staff at the PACE site, PACE also works with many specialists and other community providers to assure that needed care is provided to the individual.

Helpful Links on DMAS Website:

- Cardinal Care Managed Care
 - <https://www.dmas.virginia.gov/for-providers/cardinal-care/cardinal-care-managed-care/>
- DMAS LTSS
 - <https://www.dmas.virginia.gov/for-members/benefits-and-services/long-term-care/>
- PACE
 - <https://www.dmas.virginia.gov/for-providers/benefits-services-for-providers/long-term-care/programs-and-initiatives/program-of-all-inclusive-care/>