

Virginia Medicaid Addiction and Recovery Treatment Services (ARTS)

Reimbursement for Screening, Brief Intervention and Referral to Treatment (SBIRT)

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What is SBIRT?

- **Screening, Brief Intervention, and Referral to Treatment (SBIRT)** is an evidence/community-based practice designed to identify, reduce, and prevent problematic substance use disorders.
- **Screening** — a healthcare professional assesses a patient for risky substance use behaviors using standardized screening tools. Screening can occur in any healthcare setting
- **Brief Intervention** — a healthcare professional engages a patient showing risky substance use behaviors in a short conversation, providing feedback and advice
- **Referral to Treatment** — a healthcare professional provides a referral to brief therapy or additional treatment to patients who screen in need of additional services

Medicaid Payer-Specific Staff Requirements:

- Physicians, pharmacists, and other licensed credentialed addiction treatment professionals shall administer the evidence-based screening tool. The physician may also delegate providing the counseling and intervention to these individuals, but should be available for review as needed.
- Licensed providers may complete the screening or delegate administration of the evidence-based screening tool to other clinical staff as allowed by their scope of practice. **The licensed provider shall review the tool with the individual and provide the counseling and intervention.**

SBIRT Evidenced Based Tools (not an all-inclusive list)

- Drug Abuse Screening Test (DAST)
- Clinical Opiate Withdrawal Scale (COWS)
- Subjective Opiate Withdrawal Scale (SOWS)
- CAGE-AID

SBIRT Training Resources

- <https://www.naadac.org/webinars>
- <https://www.samhsa.gov/sbirt>

Click here to find the most current rates:

<https://www.dmas.virginia.gov/for-providers/rates-and-rate-setting/procedure-fee-files-cpt-codes/>