



Redesign of Medicaid Behavioral Health Rehabilitative Services

Provider Readiness for Transition to New Services



Provider Readiness and Interest in New Services

- Letter of Intent to provide redesigned service was due in November, 2025
- Purpose was to assess readiness, gaps in readiness, volume and geographic distribution for redesigned services
- Survey asked about counties/cities where services are planned and specific questions about core elements of redesigned services
- 438 providers completed a Letter of Intent indicating interest in providing one or more redesigned services

Legacy and Redesigned Services

Current Services	New Service Replacement
Mental Health Skill Building (H0046) Psychosocial Rehabilitation (H2017)	Community Psychiatric Support and Treatment (Adult) - Community
	Coordinated Specialty Care (CSC)
	Mental Health Clubhouse Services (Clubhouse International Model)
Intensive In-Home Services (H2012)	Community Psychiatric Support and Treatment (Youth) - Community
Therapeutic Day Treatment (H2016)	Community Psychiatric Support and Treatment (Youth) - School Setting
Mental Health Case Management (H0032)	Remaining Mental Health Case Management with policy changes

Readiness to Provide Community Psychiatric Support and Treatment

Providers answered these 8 items ("Readiness Indicators") regarding their current operations and capacity to meet core CPST requirements.

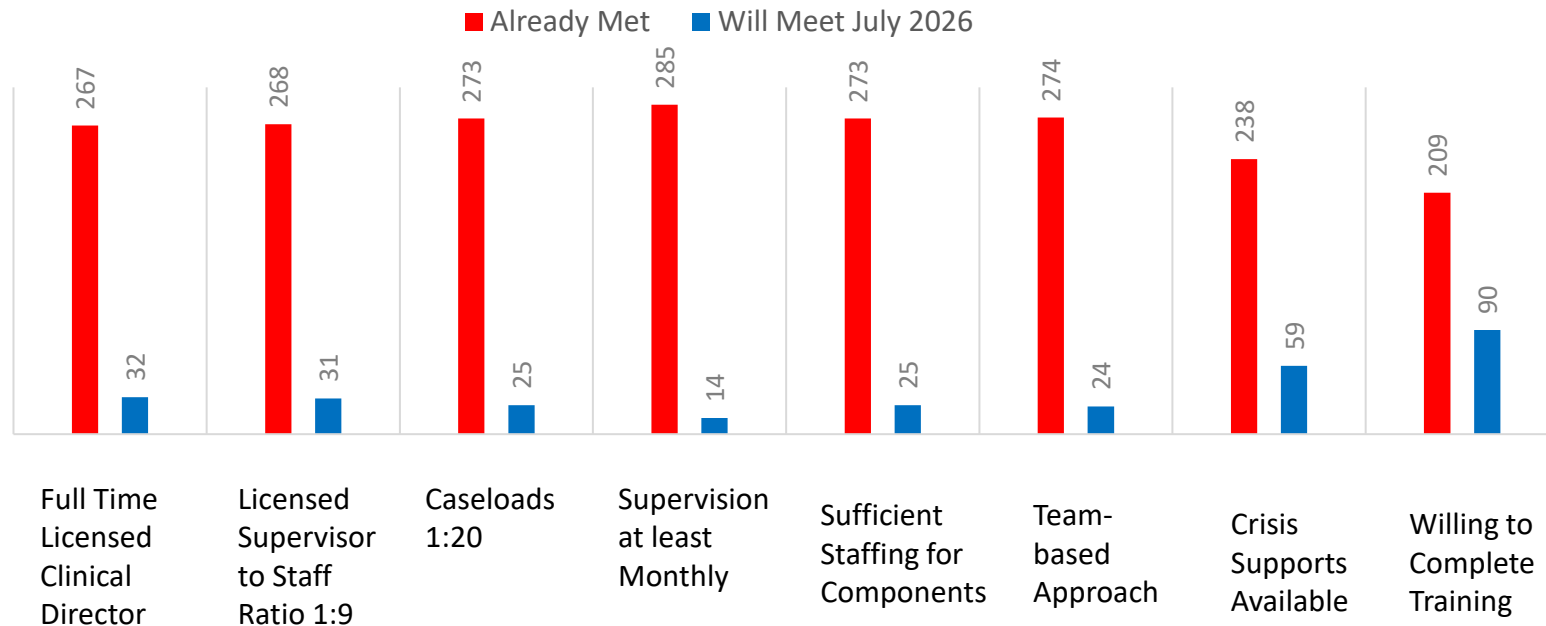
Providers also provided information about their office location or planned office location, and for those interested in providing CPST-School Setting, their existing agreements with schools or school districts.

1. Our agency has a full time, fully licensed clinician who will serve as clinical director and will oversee this service.
2. Our supervisor (fully licensed) to direct service staff ratio does not exceed 1:9.
3. Individual caseloads for direct services do not exceed 20 clients.
4. Supervision is provided at least monthly for all direct service staff who are not fully licensed.
5. We have sufficient capacity for licensed or license-eligible staff to provide assessment, treatment planning, and psychotherapy components of CPST in coordination with QMHPs and BH Techs providing the other service components.
6. Our agency utilizes a team-based approach where all staff involved with the care of a Medicaid member work together on a cohesive and dynamic treatment approach.
7. Crisis supports will be available 24/7 to CPST clients, in addition to ongoing and proactive crisis planning and prevention provided as part of the CPST service.
8. All staff will engage in statewide training opportunities and receive training as soon as feasible.

Youth Services - CPST Community

Numbers below reflect item answers for the 318 providers interested in providing CPST-Community for youth.

READINESS ITEMS YOUTH CPST- COMMUNITY



Number of Readiness Indicators	Number of Interested Providers Already Meeting
0-1	22
2-4	13
5-6	53
7-8	225

Youth Services- CPST Community

Providers answered 8 items ("Readiness Indicators") regarding core CPST requirements and gave information about their planned office location. Based on these responses, they were categorized as three different levels of Readiness.

Unlikely to Be Ready

32 interested providers (8.2%)

- Meeting 4 or fewer readiness indicators

9 of these providers have begun accreditation process.

May Be Ready by Go-Live

140 interested providers (44.0%)

- Meeting many readiness indicators (4+), may be missing director or location

101 of these providers have begun accreditation process. 52 are already accredited.

Likely Already Ready

152 interested providers (47.8%)

- Meeting 7-8 readiness indicators, have office location, have clinical director

Youth Services- CPST Community

Readiness	Central	Tidewater	Northern	Charlottesville	Roanoke	Southwest
Unlikely to be Ready	11	5	2	3	2	1
May be Ready	89	67	23	37	29	10
Likely Ready	108	73	24	32	19	8
Grand Total (Interested)	208	147	50	72	50	19
Providers Needed to Meet Current Demand (each serving 50 annually)	69	79	14	16	8	5

REGIONS	
	TIDEWATER
	CENTRAL
	NORTHERN / WINCHESTER
	WESTERN / CHARLOTTESVILLE
	ROANOKE / ALLEGHANY
	SOUTHWEST

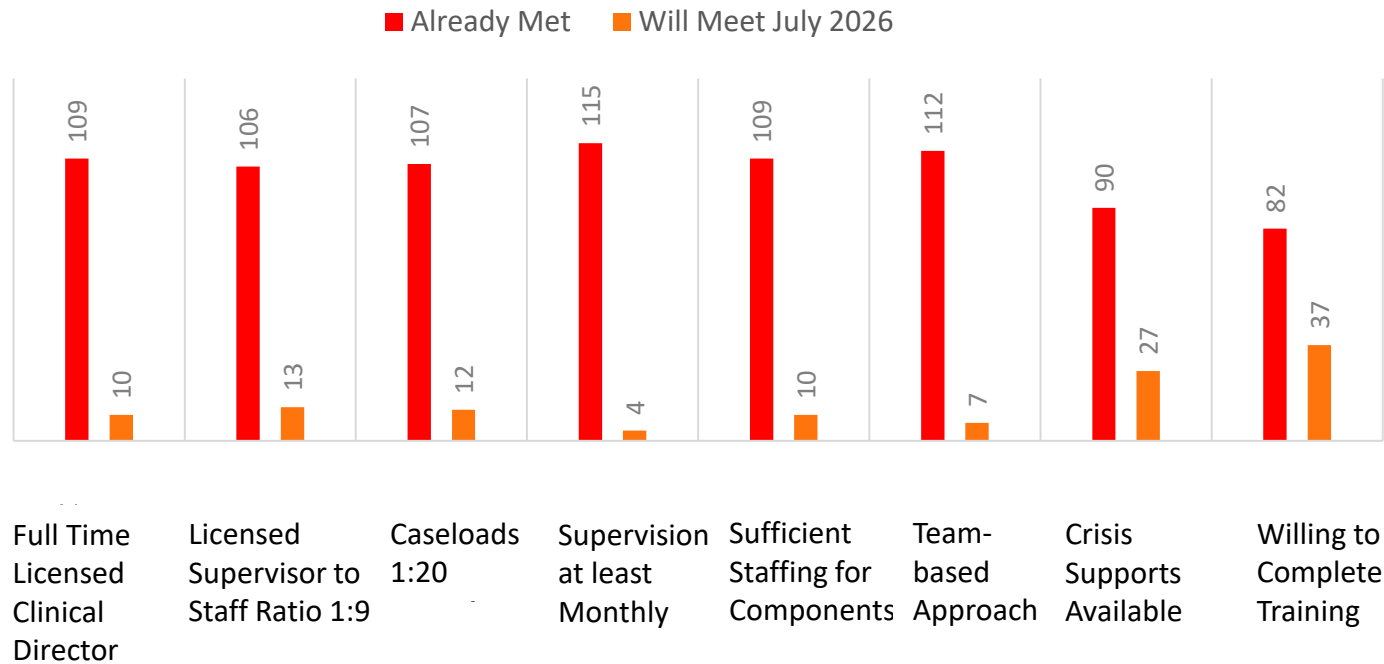


In Tidewater, an additional 6 providers who May be Ready by July 2026 would need to become ready, or agencies would need to serve more than 50 youth annually.

Youth Services- CPST School Setting

Numbers below reflect item answers for the 124 providers interested in providing CPST-Community for youth.

READINESS ITEMS CPST- SCHOOL SETTING

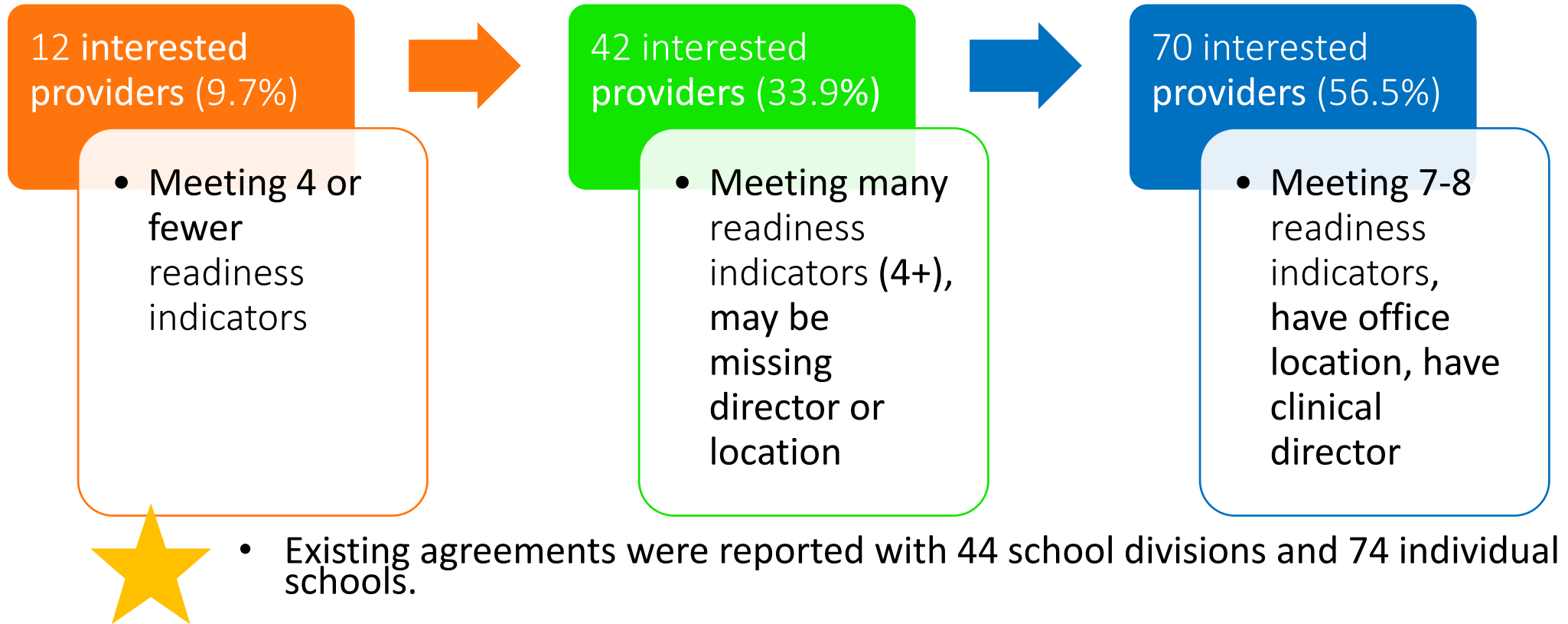


Number of Readiness Indicators	Number of Interested Providers Already Meeting
0-1	6
2-4	4
5-6	25
7-8	88

23 interested school based providers are already accredited. 45 have accreditation in process.

Youth Service- CPST-School Setting

Providers answered 8 items regarding core CPST requirements and gave information about their planned office location. Based on these responses, they were categorized as three different levels of Readiness.



Youth Services- CPST School Setting

Readiness	Central	Tidewater	Northern	Charlottesville	Roanoke	Southwest
Unlikely to be Ready	3	3	2	4	2	1
May be Ready	40	40	12	13	12	8
Likely Ready	28	11	5	13	10	4
Grand Total (Interested)	71	55	19	30	24	13
Providers Needed to Meet Current Demand (each serving 50 annually)	32	27	7	23	18	2



In all but one region, some providers who May Be Ready would need to become ready by Go-Live, or providers would need to serve more than 50 members. Currently in these regions and statewide, a majority of providers serve significantly more than 50 members per year.

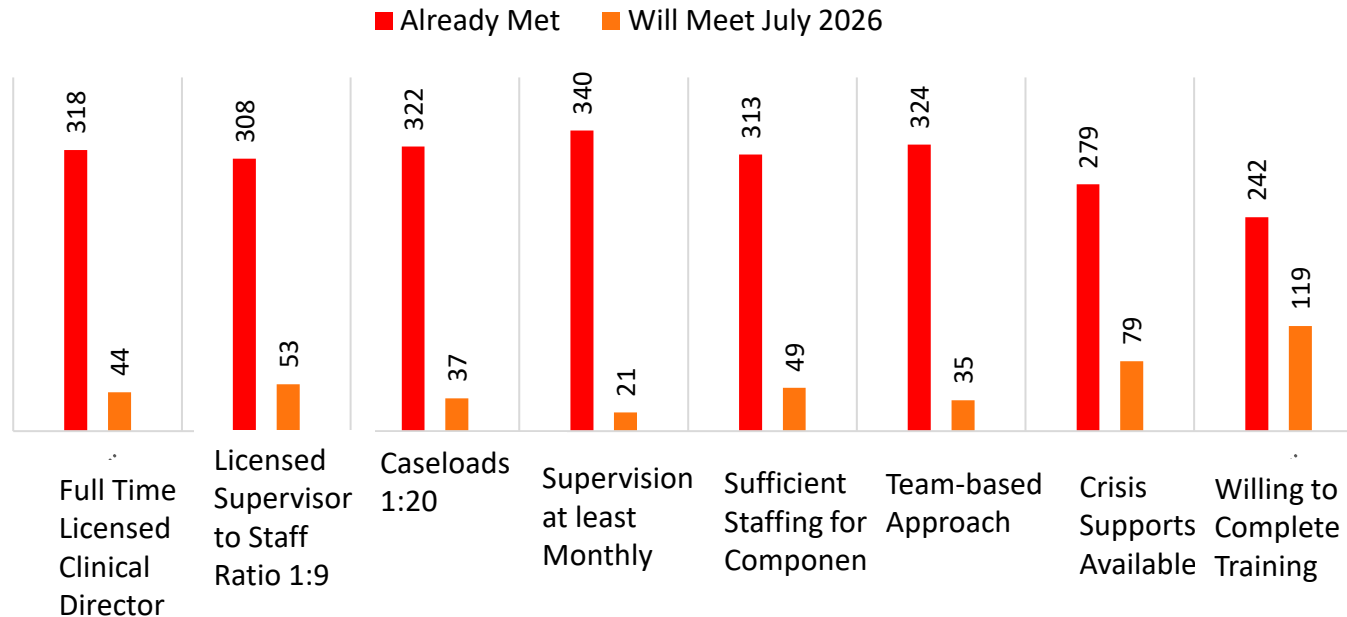
REGIONS	
	TIDEWATER
	CENTRAL
	NORTHERN / WINCHESTER
	WESTERN / CHARLOTTESVILLE
	ROANOKE / ALLEGANY
	SOUTHWEST



Adult Services- CPST Community

Numbers below reflect item answers for the 381 providers interested in providing CPST-Community for youth.

READINESS ITEMS CPST (ADULT)-COMMUNITY



Number of Readiness Indicators	Number of Interested Providers Already Meeting
0-1	33
2-4	23
5-6	77
7-8	250

Adult Services- CPST Community

Providers answered 8 items regarding core CPST requirements and gave information about their planned office location. Based on these responses, they were categorized as three different levels of Readiness.

Unlikely to Be Ready

26 interested providers (6.8%)

- Meeting 4 or fewer readiness indicators

10 of these providers have begun accreditation process.



May Be Ready by Go-Live

175 interested providers (45.9%)

- Meeting many readiness indicators (4+), may be missing director or location

102 of these providers have begun accreditation process. 61 are already accredited.



Likely Already Ready

180 interested providers (47.2%)

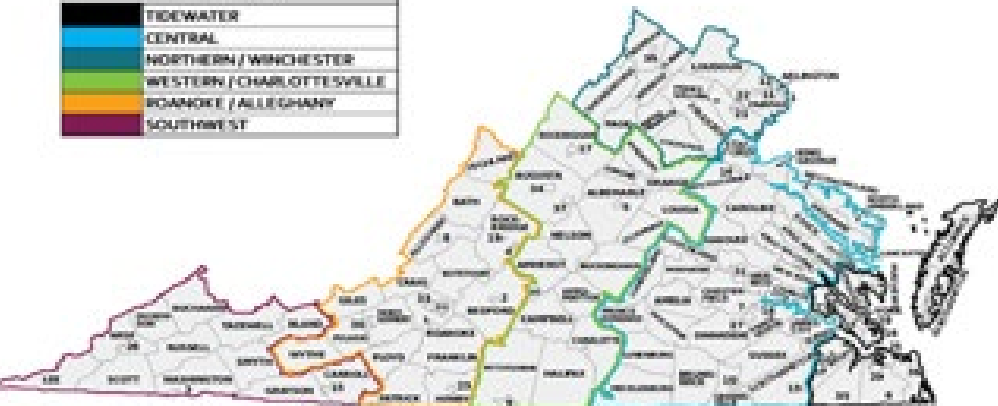
- Meeting 7-8 readiness indicators, have office location, have clinical director

Adult Services- CPST Community

Readiness	Central	Tidewater	Northern	Charlottesville	Roanoke	Southwest
Unlikely to be Ready	9	5	2	6	4	0
May be Ready July 2026	121	85	35	48	41	14
Likely to be Ready July 2026	123	83	26	30	24	8
Grand Total (Interested)	253	173	63	84	69	22
Providers Needed to Meet Current Demand (each serving 50 annually)	152	80	10	38	47	3



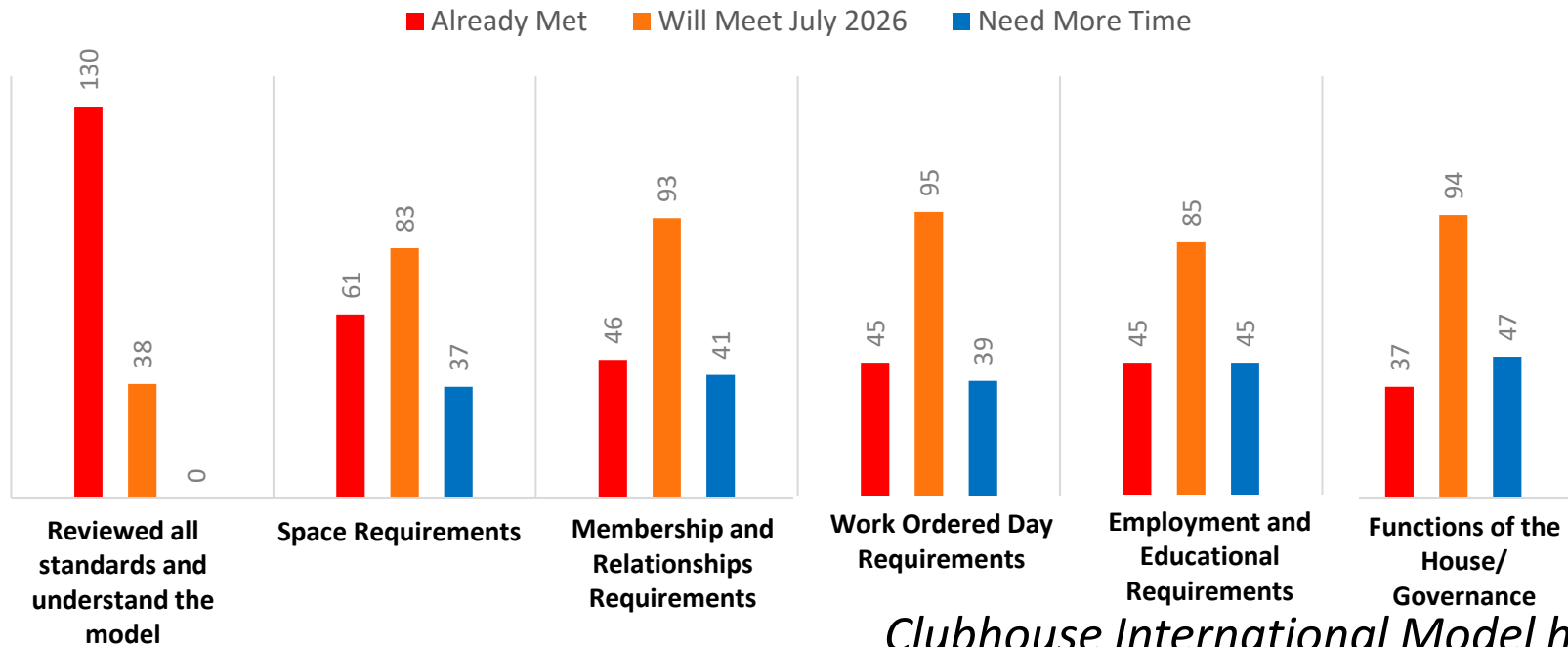
REGIONS	
	TIDEWATER
	CENTRAL
	NORTHERN / WINCHESTER
	WESTERN / CHARLOTTESVILLE
	ROANOKE / ALLEGHANY
	SOUTHWEST



In Four regions, some providers who May Be Ready would need to become Ready, or providers would need to serve more than 50 members annually (which is common). The greatest need is In Roanoke Region, where 56% of providers who May be Ready by July 2026 would need to become ready (or the 24 providers who are Ready would need to serve more than 50 members).

Adult Services- Clubhouse

READINESS ITEMS- CLUBHOUSE



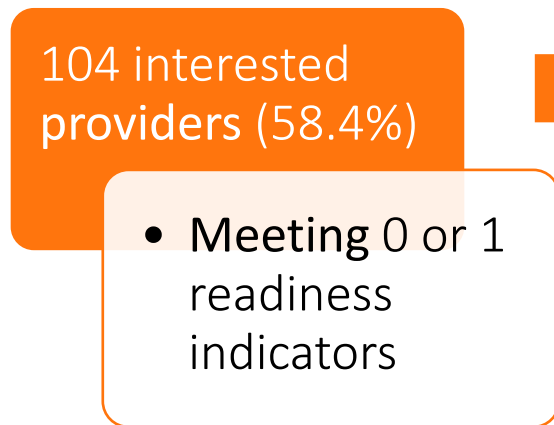
# of Requirements :	Already Meeting	Plan to Meet by July, 2026:
1 Requirement	67	37
2 Requirements	21	9
3 Requirements	9	3
4 Requirements	10	8
5 Requirements	16	24
6 Requirements	18	106

Clubhouse International Model has 35 standards organized within areas. Our Letter of Intent asked about readiness in each area, but did not ask about each individual standard.

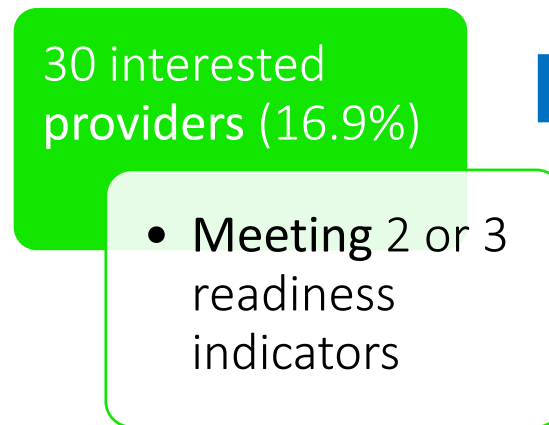
Adult Services- Clubhouse

Providers answered 6 items regarding areas of Clubhouse International Standards. Based on these responses, they were categorized as three different levels of Readiness.

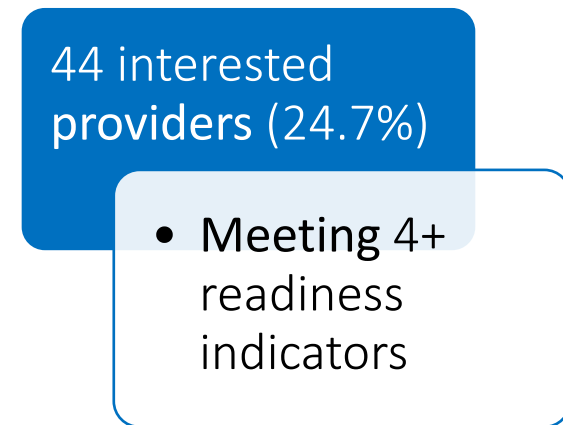
Unlikely to Be Ready



May Be Ready by Go-Live



Likely Already Ready



If each Clubhouse program serves 50 individuals annually, a total of 74 Clubhouses statewide would be needed to meet current capacity. Currently, 44 are meeting 4 or more requirements and are likely to be Ready to transition, and exactly 74 are meeting 2 or more areas of readiness and may be Ready.

Adult Services- Clubhouse

DMAS Region	Total Interested	3+ Currently Met	5+ planned for July 26
Central Region	138	40	95
Charlottesville Western Region	49	15	37
Northern & Winchester Region	39	8	27
Roanoke/Alleghany Region	37	13	29
Southwest Region	11	3	9
Tidewater Region	97	20	61

Coordinated Specialty Care for First Episode Psychosis

226 providers submitted a Letter of Intent that indicated a plan to seek licensure to provide Coordinated Specialty Care (CSC). Readiness attestations included items regarding critical staff positions, training, data submission, and fidelity review.

Critical Staffing Readiness

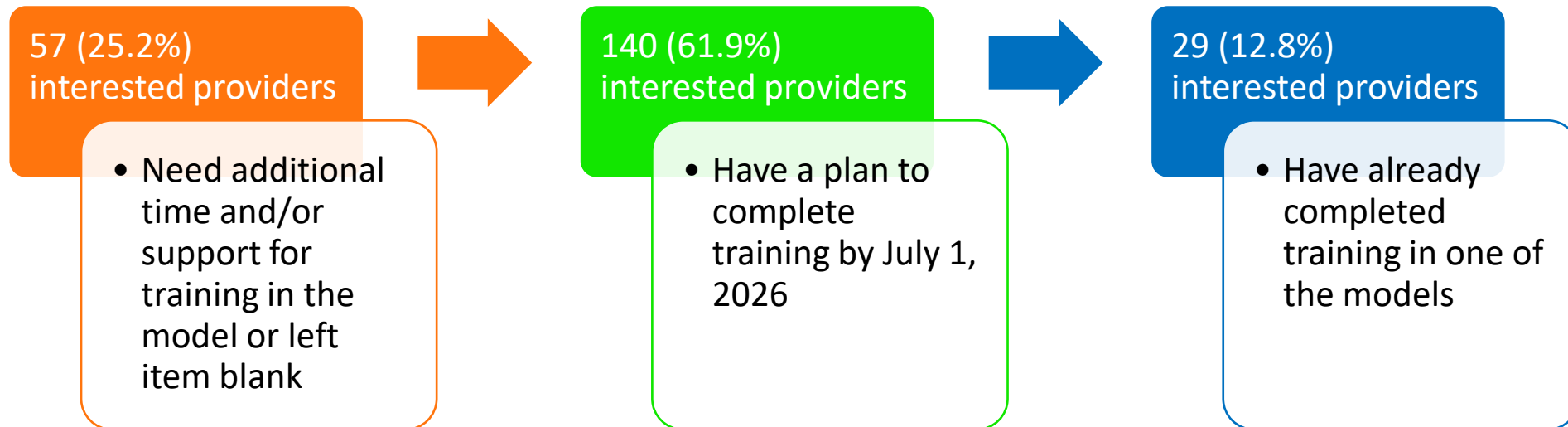
- LMHP Team Lead
- Additional LMHP-type
- Psychiatric prescriber
- Peer Support Specialist *
- Employment and Education specialist *
- Additional staff including SUD specialist

**These positions were least likely to already be in place.*

Number of Positions-Currently Meet Criteria	Provider Count	Percentage
0	136	60.2%
1	3	1.3%
2	13	5.8%
3	17	7.5%
4	16	7.1%
5	23	10.2%
6	18	8.0%
Grand Total	226	100%

Coordinated Specialty Care for First Episode Psychosis

Training Readiness: Two models of training in Coordinated Specialty Care for First Episode Psychosis will be acceptable to provide services. These are NAVIGATE and OnTRACK models.



Coordinated Specialty Care for First Episode Psychosis

Submission of data to a national database (EpiNET) is a required component of the model and currently required of all DBHDS funded programs.

Thirteen providers (there are currently 11 DBHDS funded programs) attested that they currently submit data.

Fidelity Reviews are a required component of CSC. Providers were asked if they had undergone a fidelity review for their CSC program.

Sixteen providers reported that they have undergone a fidelity review of their program.



Thank you!

