



# Alternative Benefit Plan

State Name:

Attachment 3.1-L-

OMB Control Number: 09381148

Transmittal Number: VA - 22 - 0013

## Alternative Benefit Plan Populations ABP1

Identify and define the population that will participate in the Alternative Benefit Plan.

Alternative Benefit Plan Population Name:

Identify eligibility groups that are included in the Alternative Benefit Plan's population, and which may contain individuals that meet any targeting criteria used to further define the population.

Eligibility Groups Included in the Alternative Benefit Plan Population:

Add	Eligibility Group:	Enrollment is mandatory or voluntary?	Remove
Add	Ticket to Work Basic Group	Voluntary	Remove

Enrollment is available for all individuals in these eligibility group(s).

### Geographic Area

The Alternative Benefit Plan population will include individuals from the entire state/territory.

Any other information the state/territory wishes to provide about the population (optional)

### PRA Disclosure Statement

According to the Paperwork Reduction Act of 1995, no persons are required to respond to a collection of information unless it displays a valid OMB control number. The valid OMB control number for this information collection is 0938-1148. The time required to complete this information collection is estimated to average 5 hours per response, including the time to review instructions, search existing data resources, gather the data needed, and complete and review the information collection. If you have comments concerning the accuracy of the time estimate(s) or suggestions for improving this form, please write to: CMS, 7500 Security Boulevard, Attn: PRA Reports Clearance Officer, Mail Stop C4-26-05, Baltimore, Maryland 21244-1850.

V.20181119



# Alternative Benefit Plan

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Attachment 3.1-L-

OMB Control Number: 09381148

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## Selection of Benchmark Benefit Package or Benchmark-Equivalent Benefit Package ABP3

Select one of the following:

The state/territory is amending one existing benefit package for the population defined in Section 1.

The state/territory is creating a single new benefit package for the population defined in Section 1.

Name of benefit package:

### Selection of the Section 1937 Coverage Option

The state/territory selects as its Section 1937 Coverage option the following type of Benchmark Benefit Package or Benchmark-Equivalent Benefit Package under this Alternative Benefit Plan (check one):

Benchmark Benefit Package.

Benchmark-Equivalent Benefit Package.

The state/territory will provide the following Benchmark Benefit Package (check one that applies):

The Standard Blue Cross/Blue Shield Preferred Provider Option offered through the Federal Employee Health Benefit Program (FEHBP).

State employee coverage that is offered and generally available to state employees (State Employee Coverage):

A commercial HMO with the largest insured commercial, non-Medicaid enrollment in the state/territory (Commercial HMO):

Secretary-Approved Coverage.

The state/territory offers benefits based on the approved state plan.

The state/territory offers an array of benefits from the section 1937 coverage option and/or base benchmark plan benefit packages, or the approved state plan, or from a combination of these benefit packages.

The state/territory offers the benefits provided in the approved state plan.

Benefits include all those provided in the approved state plan plus additional benefits.

Benefits are the same as provided in the approved state plan but in a different amount, duration and/or scope.

The state/territory offers only a partial list of benefits provided in the approved state plan.

The state/territory offers a partial list of benefits provided in the approved state plan plus additional benefits.

Please briefly identify the benefits, the source of benefits and any limitations:

### Selection of Base Benchmark Plan



# Alternative Benefit Plan

The state/territory must select a Base Benchmark Plan as the basis for providing Essential Health Benefits in its Benchmark or Benchmark-Equivalent Package.

The Base Benchmark Plan is the same as the Section 1937 Coverage option.

Indicate which Benchmark Plan described at 45 CFR 156.100(a) the state/territory will use as its Base Benchmark Plan:

Largest plan by enrollment of the three largest small group insurance products in the state's small group market.

Any of the largest three state employee health benefit plans by enrollment.

Any of the largest three national FEHBP plan options open to Federal employees in all geographies by enrollment.

Largest insured commercial non-Medicaid HMO.

Plan name:

Other Information Related to Selection of the Section 1937 Coverage Option and the Base Benchmark Plan (optional):

### PRA Disclosure Statement

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V.20160722



# Alternative Benefit Plan

State Name:

Attachment 3.1-L-

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<b>Alternative Benefit Plan Cost-Sharing</b>	<b>ABP4</b>
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Any cost sharing described in Attachment 4.18-A applies to the Alternative Benefit Plan.

Attachment 4.18-A may be revised to include cost sharing for ABP services that are not otherwise described in the state plan. Any such cost sharing must comply with Section 1916 of the Social Security Act.

The Alternative Benefit Plan for individuals with income over 100% FPL includes cost-sharing other than that described in Attachment 4.18-A.

Other Information Related to Cost Sharing Requirements (optional):

### PRA Disclosure Statement

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V.20160722



# Alternative Benefit Plan

State Name:

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<b>Benefits Description</b>	<b>ABP5</b>
The state/territory proposes a "Benchmark-Equivalent" benefit package. <input type="text" value="No"/>	
<b>Benefits Included in Alternative Benefit Plan</b>	
Enter the specific name of the base benchmark plan selected:	
<input type="text" value="Anthem KeyCare 30 PPO Plan"/>	
Enter the specific name of the section 1937 coverage option selected, if other than Secretary-Approved. Otherwise, enter "Secretary-Approved."	
<input type="text" value="Secretary-Approved"/>	



# Alternative Benefit Plan

## 1. Essential Health Benefit: Ambulatory patient services

Collapse All

Benefit Provided:	Source:	Remove
Physicians Services	State Plan 1905(a)	
Authorization:	Provider Qualifications:	
None	Medicaid State Plan	
Amount Limit:	Duration Limit:	
None	None	
Scope Limit:		
None		
Other information regarding this benefit, including the specific name of the source plan if it is not the base benchmark plan:		
<input type="text"/>		

Benefit Provided:	Source:	Remove
Other Licensed Practitioners' Services	State Plan 1905(a)	
Authorization:	Provider Qualifications:	
None	Medicaid State Plan	
Amount Limit:	Duration Limit:	
None	None	
Scope Limit:		
None		
Other information regarding this benefit, including the specific name of the source plan if it is not the base benchmark plan:		
<input type="text"/>		

Benefit Provided:	Source:	Remove
Outpatient Hospital Services	State Plan 1905(a)	
Authorization:	Provider Qualifications:	
Prior Authorization	Medicaid State Plan	
Amount Limit:	Duration Limit:	
None	Up to 23 hours	
Scope Limit:		
Observation bed services may be provided for up to 23 hours. A stay of 24 hours or more requires inpatient pre-certification.		

Other information regarding this benefit, including the specific name of the source plan if it is not the base benchmark plan:



# Alternative Benefit Plan

Required to cover preventive, diagnostic, therapeutic, rehabilitative or palliative outpatient services, and limited oral surgery. Certain procedures require prior authorization.

Benefit Provided:

Clinic Services

Source:

State Plan 1905(a)

Remove

Authorization:

Prior Authorization

Provider Qualifications:

Medicaid State Plan

Amount Limit:

None

Duration Limit:

None

Scope Limit:

None

Other information regarding this benefit, including the specific name of the source plan if it is not the base benchmark plan:

Required to cover preventive, diagnostic, therapeutic, rehabilitative or palliative outpatient services, and limited oral surgery. Certain procedures require prior authorization.

Benefit Provided:

Home Health Services

Source:

State Plan 1905(a)

Remove

Authorization:

Prior Authorization

Provider Qualifications:

Medicaid State Plan

Amount Limit:

Home health aides visit limit: 32 per SFY

Duration Limit:

None

Scope Limit:

See "other" information

Other information regarding this benefit, including the specific name of the source plan if it is not the base benchmark plan:

Initial 5 visits per state fiscal year for a licensed nurse or physical therapy, occupational therapy, speech language pathology do not require prior authorization. Additional visits require prior authorization. Home health aide services limited to 32 visits per state fiscal year.

Benefit Provided:

Hospice Care Services

Source:

State Plan 1905(a)

Remove

Authorization:

Prior Authorization

Provider Qualifications:

Medicaid State Plan

Amount Limit:

None

Duration Limit:

None



# Alternative Benefit Plan

Scope Limit:

Limited to patients with life expectancy of six months or less. See "other" information

Other information regarding this benefit, including the specific name of the source plan if it is not the base benchmark plan:

Physician must certify patient is terminally ill with a life expectancy of six months or less. Continuous home care requires the provision of a minimum of 8 hours per day. In accordance with section 2302 of the ACA, individuals under the age of 21 will receive hospice care concurrently with curative care.

Benefit Provided:

Medical and Surgical Services by a Dentist

Source:

State Plan 1905(a)

Remove

Authorization:

None

Provider Qualifications:

Medicaid State Plan

Amount Limit:

None

Duration Limit:

None

Scope Limit:

Services covered as a result of an accident

Other information regarding this benefit, including the specific name of the source plan if it is not the base benchmark plan:

Required to cover CPT codes billed by an MD as a result of an accident. Required to cover CPT and other "non-CDT" procedure codes billed for medically necessary procedures of the mouth for adults and children. Required to cover anesthesia and hospitalization if required to provide dental care.

Benefit Provided:

Clinical Trials for Cancer

Source:

State Plan 1905(a)

Remove

Authorization:

Prior Authorization

Provider Qualifications:

Medicaid State Plan

Amount Limit:

None

Duration Limit:

None

Scope Limit:

Clinical trials are considered under EPSDT when no acceptable or effective standard treatment is available for the child's medical condition.

Other information regarding this benefit, including the specific name of the source plan if it is not the base benchmark plan:

Benefit Provided:

Clinical Trials for Life-Threatening Disease

Source:

State Plan 1905(a)

Remove

Authorization:

Prior Authorization

Provider Qualifications:

Medicaid State Plan





# Alternative Benefit Plan

Amount Limit:

None

Duration Limit:

None

Scope Limit:

Clinical trials are considered under EPSDT when no acceptable or effective standard treatment is available for the child's medical condition.

Other information regarding this benefit, including the specific name of the source plan if it is not the base benchmark plan:

Benefit Provided:

Induced Abortion

Source:

State Plan 1905(a)

Remove

Authorization:

Prior Authorization

Provider Qualifications:

Medicaid State Plan

Amount Limit:

See scope

Duration Limit:

See scope

Scope Limit:

Coverd only in situations described in the Hyde Amendments (see below)

Other information regarding this benefit, including the specific name of the source plan if it is not the base benchmark plan:

Abortions are only covered in cases of rape, incest, jeopardy to the life of the mother, or in the case where a woman suffers from a physical disorder, physical injury, or physical illness, including a life-endangering physical condition caused by or arising from the pregnancy itself, that would, as certified by a physician, place the woman in danger of death unless an abortion is performed. Commonwealth statute requires the Commonwealth to use general funds to cover abortions in the case of rape and incest. The Commonwealth does not draw down federal funds in these cases.

Benefit Provided:

Personal Assistance Services

Source:

State Plan 1905(a)

Remove

Authorization:

Yes

Provider Qualifications:

Medicaid State Plan

Amount Limit:

Other

Duration Limit:

None

Scope Limit:

Personal Assistance Services (PAS) are long-term maintenance or support services necessary to enable an individual to be employed, and include assistance with ADLs: eating, bathing, dressing, transferring and toileting. (Continued below.)

Other information regarding this benefit, including the specific name of the source plan if it is not the base benchmark plan:

Personal Assistance Services (PAS) are those services that substitute for the absence or loss of physical and/or cognitive functions and that may be provided in a home and community setting to enable an



# Alternative Benefit Plan

individual to maintain his or her health status and the functional skills necessary to live and work in the community, as well as participate in community activities. PAS is only available to individuals who require personal assistance services to meet their ADLs. PAS does not include skilled nursing services. Following an individual's assessment of the need for PAS and development of a plan of care, the individual decides whether to have PAS through a personal care agency or whether to self direct his or her care. Those choosing consumer-directed care will receive the services of a fiscal agent covered as an administrative activity. All personal care aides must meet the following requirements: 1) be at least 18 years of age or older; 2) be able to read and write in English to the degree necessary to perform the expected tasks; 3) be physically able to do the work; 4) may not be a member of the beneficiary's family. A family member is defined to be a legally responsible relative, as defined by State law; 5) Possess basic math, reading and writing skills; 6) Submit to a criminal records check and, if the individual is a minor, consent to a search of the DSS Child Protective Services Central Registry. The aide will not be compensated for services provided to the individual if either of these records checks verifies the aide has been convicted of crimes described in Section 32.1-162.9:1 of the Code of Virginia or if the aide has a founded complaint confirmed by the DSS Child Protective Services Central Registry; and 7) receive periodic tuberculosis (TB) screening. Additional requirements based on service delivery model: 1) Personal care aides working for a personal care agency provider must be licensed. 2) Consumer Directed personal care aides: a.) have the required skills to perform consumer-directed services as specified in the individual's supporting documentation; b) be willing to attend training at the individual's or individual's representative's request. The PAS program has a soft cap of 56 hours that may be exceeded based on medical necessity.

Benefit Provided:

Source:

Remove

Authorization:

Provider Qualifications:

Amount Limit:

Duration Limit:

Scope Limit:

Other information regarding this benefit, including the specific name of the source plan if it is not the base benchmark plan:

Add



# Alternative Benefit Plan

2. Essential Health Benefit: Emergency services

Collapse All

Benefit Provided: Emergency Hospital Services--Outpatient Hospital	Source: State Plan 1905(a)	Remove
Authorization: None	Provider Qualifications: Medicaid State Plan	
Amount Limit: None	Duration Limit: None	
Scope Limit: None		
Other information regarding this benefit, including the specific name of the source plan if it is not the base benchmark plan: All emergency services covered without service authorization. Services needed to ascertain whether an emergency exists covered. Individual's choice of provider not restricted.		

Benefit Provided: Transportation Services--Outpatient Hospital	Source: State Plan 1905(a)	Remove
Authorization: None	Provider Qualifications: Medicaid State Plan	
Amount Limit: None	Duration Limit: None	
Scope Limit: None		
Other information regarding this benefit, including the specific name of the source plan if it is not the base benchmark plan: All transportation is covered to ensure individuals have necessary access to and from providers of medical services for emergency services.		

Add



# Alternative Benefit Plan

## 3. Essential Health Benefit: Hospitalization

Collapse All

Benefit Provided: Inpatient Hospitalization Services	Source: State Plan 1905(a)	Remove
Authorization: Prior Authorization	Provider Qualifications: Medicaid State Plan	
Amount Limit: None	Duration Limit: None	
Scope Limit: None		
Other information regarding this benefit, including the specific name of the source plan if it is not the base benchmark plan: Required to cover inpatient stays in general acute care and rehabilitation hospitals for all members; Required to comply with radical or modified radical mastectomy, total or partial mastectomy length of stay requirements. Prior Authorization required prior to planned/scheduled admissions; unplanned/urgent admissions must be authorized within one business day of admission.		
Benefit Provided: Physician's Services - Inpatient	Source: State Plan 1905(a)	Remove
Authorization: None	Provider Qualifications: Medicaid State Plan	
Amount Limit: None	Duration Limit: None	
Scope Limit: None		
Other information regarding this benefit, including the specific name of the source plan if it is not the base benchmark plan:  		
Benefit Provided: Hospice Care Services - Inpatient	Source: State Plan 1905(a)	Remove
Authorization: Prior Authorization	Provider Qualifications: Medicaid State Plan	
Amount Limit: None	Duration Limit: None	
Scope Limit: Limited to patients with life expectancy of six months or less. See "other" information.		



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Other information regarding this benefit, including the specific name of the source plan if it is not the base benchmark plan:

Physician must certify patient is terminally ill with a life expectancy of six months or less. In accordance with section 2302 of the ACA, individuals under the age of 21, will receive hospice care concurrently with curative care.

Add



# Alternative Benefit Plan

## 4. Essential Health Benefit: Maternity and newborn care

Collapse All

Benefit Provided:	Source:	Remove
Inpatient Hospital Services--Maternity Care	State Plan 1905(a)	
Authorization:	Provider Qualifications:	
Prior Authorization	Medicaid State Plan	
Amount Limit:	Duration Limit:	
None	None	
Scope Limit:		
None		
Other information regarding this benefit, including the specific name of the source plan if it is not the base benchmark plan:		
Required to comply with maternity length of stay requirements. Prior Authorization required prior to planned/scheduled admissions; unplanned/urgent admissions must be authorized within one business day of admission.		

Benefit Provided:	Source:	Remove
Other Licensed Practitioners'--Maternity Care	State Plan 1905(a)	
Authorization:	Provider Qualifications:	
None	Medicaid State Plan	
Amount Limit:	Duration Limit:	
None	None	
Scope Limit:		
None		
Other information regarding this benefit, including the specific name of the source plan if it is not the base benchmark plan:		

Benefit Provided:	Source:	Remove
Nurse Midwife Services	State Plan 1905(a)	
Authorization:	Provider Qualifications:	
None	Medicaid State Plan	
Amount Limit:	Duration Limit:	
None	None	
Scope Limit:		
None		



# Alternative Benefit Plan

Other information regarding this benefit, including the specific name of the source plan if it is not the base benchmark plan:

Benefit Provided:

Source:

Remove

Authorization:

Provider Qualifications:

Amount Limit:

Duration Limit:

Scope Limit:

Other information regarding this benefit, including the specific name of the source plan if it is not the base benchmark plan:

Benefit Provided:

Source:

Remove

Authorization:

Provider Qualifications:

Amount Limit:

Duration Limit:

Scope Limit:

Other information regarding this benefit, including the specific name of the source plan if it is not the base benchmark plan:

Add



# Alternative Benefit Plan

5. Essential Health Benefit: Mental health and substance use disorder services including behavioral health treatment

Collapse All

The state/territory assures that it does not apply any financial requirement or treatment limitation to mental health or substance use disorder benefits in any classification that is more restrictive than the predominant financial requirement or treatment limitation of that type applied to substantially all medical/surgical benefits in the same classification.

Benefit Provided:	Source:	<a href="#">Remove</a>
Rehabilitative Services - Mental Health Outpatient	State Plan 1905(a)	
Authorization:	Provider Qualifications:	
Prior Authorization	Medicaid State Plan	
Amount Limit:	Duration Limit:	
None	None	
Scope Limit:		
None		
Other information regarding this benefit, including the specific name of the source plan if it is not the base benchmark plan:		
Under Medicaid FFS, outpatient sessions are limited to an initial 26 sessions without prior authorization during first treatment year; an additional extension of up to 26 sessions during the first treatment year must be prior authorized. After first year, limited to 26 sessions each succeeding year when prior authorized. However, for the Medicaid Works FFS enrollees, the behavioral health services contractor will lift these limits.		

Benefit Provided:	Source:	<a href="#">Remove</a>
Rehabilitative Services - Mental Health Inpatient	State Plan 1905(a)	
Authorization:	Provider Qualifications:	
Prior Authorization	Medicaid State Plan	
Amount Limit:	Duration Limit:	
None	None	
Scope Limit:		
None		
Other information regarding this benefit, including the specific name of the source plan if it is not the base benchmark plan:		
Under Medicaid fee-for-service, prior authorization is required prior to planned/scheduled admissions; unplanned/urgent admissions must be authorized within one business day of admission. Services will not be provided in an Institution of Mental Disease. The Medicaid FFS 21-day inpatient limit on psych stays will be lifted by the behavioral health contractor for FFS Medicaid Works enrollees.		

Benefit Provided:	Source:	<a href="#">Remove</a>
Rehabilitative Services - Substance Use Outpatient	State Plan 1905(a)	
Authorization:	Provider Qualifications:	
Prior Authorization	Medicaid State Plan	





# Alternative Benefit Plan

Amount Limit:

None

Duration Limit:

None

Scope Limit:

None

Other information regarding this benefit, including the specific name of the source plan if it is not the base benchmark plan:

Under Medicaid FFS, outpatient sessions are limited to an initial 26 sessions without prior authorization during first treatment year; an additional extension of up to 26 sessions during the first treatment year must be prior authorized. After first year, limited to 26 sessions each succeeding year when prior authorized. However, for the Medicaid Works FFS enrollees, the behavioral health services contractor will lift these limits.

Benefit Provided:

Rehabilitative Services - Substance Use Inpatient

Source:

State Plan 1905(a)

Remove

Authorization:

Prior Authorization

Provider Qualifications:

Medicaid State Plan

Amount Limit:

None

Duration Limit:

None

Scope Limit:

None

Other information regarding this benefit, including the specific name of the source plan if it is not the base benchmark plan:

Under Medicaid fee-for-service, prior authorization is required prior to planned/scheduled admissions; unplanned/urgent admissions must be authorized within one business day of admission. Services will not be provided in an Institution of Mental Disease. The Medicaid FFS 21-day inpatient limit on psych stays will be lifted by the behavioral health contractor for FFS Medicaid Works enrollees.

Benefit Provided:

Source:

Remove

Authorization:

Yes

Provider Qualifications:

Amount Limit:

Duration Limit:

Scope Limit:

Other information regarding this benefit, including the specific name of the source plan if it is not the base benchmark plan:



# Alternative Benefit Plan

Benefit Provided:	Source:	Remove
<input type="text"/>	<input type="text"/>	
Authorization:	Provider Qualifications:	
<input type="text"/>	<input type="text"/>	
Amount Limit:	Duration Limit:	
<input type="text"/>	<input type="text"/>	
Scope Limit:	<input type="text"/>	
Other information regarding this benefit, including the specific name of the source plan if it is not the base benchmark plan:		
<input type="text"/>		
Add		



# Alternative Benefit Plan

## 6. Essential Health Benefit: Prescription drugs

The state/territory assures that the ABP prescription drug benefit plan is the same as under the approved Medicaid State Plan for prescribed drugs.

### Benefit Provided:

Coverage is at least the greater of one drug in each U.S. Pharmacopeia (USP) category and class or the same number of prescription drugs in each category and class as the base benchmark.

Prescription Drug Limits (Check all that apply.):	Authorization:	Provider Qualifications:
Limit on days supply	<input type="text" value="Yes"/>	<input type="text" value="State licensed"/>
Limit on number of prescriptions		
Limit on brand drugs		
Other coverage limits		
Preferred drug list		

Coverage that exceeds the minimum requirements or other:

Virginia's ABP prescription drug benefit plan is the same as under the approved Medicaid state plan for prescribed drugs.



# Alternative Benefit Plan

## 7. Essential Health Benefit: Rehabilitative and habilitative services and devices

Collapse All

The state/territory assures that it is not imposing limits on habilitative services and devices that are more stringent than limits on rehabilitative services (45 CFR 156.115(a)(5)(ii)). Further, the state/territory understands that separate coverage limits must also be established for rehabilitative and habilitative services and devices. Combined rehabilitative and habilitative limits are allowed, if these limits can be exceeded based on medical necessity.

Benefit Provided:	Source:	Remove
Inpatient Hospital Services--Rehabilitation	State Plan 1905(a)	
Authorization:	Provider Qualifications:	
Prior Authorization	Medicaid State Plan	
Amount Limit:	Duration Limit:	
None	None	
Scope Limit:		
None		
Other information regarding this benefit, including the specific name of the source plan if it is not the base benchmark plan:		
Prior Authorization required prior to planned/scheduled admissions; unplanned/urgent admissions must be authorized within one business day of admission.		

Benefit Provided:	Source:	Remove
Phys. Therapy/related services--PT/OT/SP/Audiology	State Plan 1905(a)	
Authorization:	Provider Qualifications:	
Prior Authorization	Medicaid State Plan	
Amount Limit:	Duration Limit:	
See "Other" below	See "Other" below	
Scope Limit:		
See "Other" Below		
Other information regarding this benefit, including the specific name of the source plan if it is not the base benchmark plan:		
Initial 24 visits provided without prior authorization. Additional visits may be provided if medically necessary with prior authorization. Stand-alone physical therapy and related services in accordance with 42CFR 440.110 will be used to define habilitative services. PT, OT, ST, and audiology are considered rehabilitative/habilitative services.		

Benefit Provided:	Source:	Remove
Respiratory care services	State Plan 1905(a)	
Authorization:	Provider Qualifications:	
None	Medicaid State Plan	



# Alternative Benefit Plan

Amount Limit:

Non

Duration Limit:

None

Scope Limit:

For ventilator dependent patients in accordance with 440.185.

Other information regarding this benefit, including the specific name of the source plan if it is not the base benchmark plan:

Benefit Provided:

Physician's services - Rehab

Source:

State Plan 1905(a)

Remove

Authorization:

None

Provider Qualifications:

Medicaid State Plan

Amount Limit:

None

Duration Limit:

None

Scope Limit:

None

Other information regarding this benefit, including the specific name of the source plan if it is not the base benchmark plan:

Benefit Provided:

Home Health Services-Medical Supplies, Equipment

Source:

State Plan 1905(a)

Remove

Authorization:

Prior Authorization

Provider Qualifications:

Medicaid State Plan

Amount Limit:

Defined by predetermined limits

Duration Limit:

Defined by predetermined limits

Scope Limit:

Defined by predetermined limits

Other information regarding this benefit, including the specific name of the source plan if it is not the base benchmark plan:

Amounts, types, and duration of usage that go beyond predetermined limits set by DMAS must be prior authorized. When determined to be cost-effective by DMAS, payment may be made for rental of equipment in lieu of a purchase.

Benefit Provided:

Prosthetic Devices

Source:

State Plan 1905(a)

Remove



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Authorization:

Prior Authorization

Provider Qualifications:

Medicaid State Plan

Amount Limit:

None

Duration Limit:

None

Scope Limit:

See below.

Other information regarding this benefit, including the specific name of the source plan if it is not the base benchmark plan:

Services are prior authorized to ensure the provision of the minimum applicable device necessary for the activities of daily living.

Add



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8. Essential Health Benefit: Laboratory services

Collapse All

Benefit Provided:

Other Laboratory and X-ray Services

Source:

State Plan 1905(a)

Remove

Authorization:

Prior Authorization

Provider Qualifications:

Medicaid State Plan

Amount Limit:

None

Duration Limit:

None

Scope Limit:

None

Other information regarding this benefit, including the specific name of the source plan if it is not the base benchmark plan:

Some procedures require prior authorization.

Add



# Alternative Benefit Plan

## 9. Essential Health Benefit: Preventive and wellness services and chronic disease management

Collapse All

The state/territory must provide, at a minimum, a broad range of preventive services including: “A” and “B” services recommended by the United States Preventive Services Task Force; Advisory Committee for Immunization Practices (ACIP) recommended vaccines; preventive care and screening for infants, children and adults recommended by HRSA’s Bright Futures program/project; and additional preventive services for women recommended by the Institute of Medicine (IOM).

Benefit Provided: Preventive Services	Source: State Plan 1905(a)	Remove
Authorization: Prior Authorization	Provider Qualifications: Medicaid State Plan	
Amount Limit: <input type="text"/>	Duration Limit: <input type="text"/>	
Scope Limit: <input type="text"/>		
Other information regarding this benefit, including the specific name of the source plan if it is not the base benchmark plan: <input type="text"/>		
		Add





# Alternative Benefit Plan

10. Essential Health Benefit: Pediatric services including oral and vision care

Collapse All

Benefit Provided: Medicaid State Plan EPSDT Benefits	Source: State Plan 1905(a)	Remove
Authorization: None	Provider Qualifications: Medicaid State Plan	
Amount Limit: None	Duration Limit: None	
Scope Limit: None		
Other information regarding this benefit, including the specific name of the source plan if it is not the base benchmark plan:  		
		Add



# Alternative Benefit Plan

11. Other Covered Benefits from Base Benchmark

[Collapse All](#)



# Alternative Benefit Plan

## 12. Base Benchmark Benefits Not Covered due to Substitution or Duplication

Collapse All

Base Benchmark Benefit that was Substituted: Primary Care Illness/Injury	Source: Base Benchmark	Remove
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Explain the substitution or duplication, including indicating the substituted benefit(s) or the duplicate section 1937 benchmark benefit(s) included above under Essential Health Benefits:

Duplication: Covered under the Virginia Medicaid State Plan as Physicians' Services under EHB1: Ambulatory Patient Services.  
Base Benchmark Plan: non-interactive telemedicine services and non-preventive nutritional therapy/counseling services are excluded.

Base Benchmark Benefit that was Substituted: Specialist Office Visits	Source: Base Benchmark	Remove
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Explain the substitution or duplication, including indicating the substituted benefit(s) or the duplicate section 1937 benchmark benefit(s) included above under Essential Health Benefits:

Duplication: Covered under the Virginia Medicaid State Plan as Physicians' Services under EHB1: Ambulatory Patient Services.  
Base Benchmark Plan: non-interactive telemedicine services and non-preventive nutritional therapy/counseling services are excluded.

Base Benchmark Benefit that was Substituted: Other Practitioner Office Visit	Source: Base Benchmark	Remove
---	---------------------------	--------

Explain the substitution or duplication, including indicating the substituted benefit(s) or the duplicate section 1937 benchmark benefit(s) included above under Essential Health Benefits:

Duplication: Covered under the Virginia Medicaid State Plan as Other Licensed Practitioners' Services under EHB1: Ambulatory Patient Services.  
Base Benchmark Plan: non-interactive telemedicine services and non-preventive nutritional therapy/counseling services are excluded.

Base Benchmark Benefit that was Substituted: Outpatient Surgery	Source: Base Benchmark	Remove
--	---------------------------	--------

Explain the substitution or duplication, including indicating the substituted benefit(s) or the duplicate section 1937 benchmark benefit(s) included above under Essential Health Benefits:

Duplication: Covered under the Virginia Medicaid State Plan as Outpatient Hospital Services and as Clinic Services under EHB1: Ambulatory Patient Services.  
Base Benchmark Plan: The plan does not cover oral surgery that is dental in origin, reversal of voluntary sterilization, radial keratotomy, keratoplasty, lasik and other surgical procedures to correct refractive defects, surgeries for sexual dysfunction or sexual transformation

Base Benchmark Benefit that was Substituted: Urgent Care Visit	Source: Base Benchmark	Remove
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# Alternative Benefit Plan

Explain the substitution or duplication, including indicating the substituted benefit(s) or the duplicate section 1937 benchmark benefit(s) included above under Essential Health Benefits:

Duplication: Covered under the Virginia Medicaid State Plan as Clinic Services under EHB1: Ambulatory Patient Services.

Base Benchmark Benefit that was Substituted:

Ambulatory Surgery Center

Source:

Base Benchmark

Remove

Explain the substitution or duplication, including indicating the substituted benefit(s) or the duplicate section 1937 benchmark benefit(s) included above under Essential Health Benefits:

Duplication: Covered under the Virginia Medicaid State Plan as Clinic Services under EHB1: Ambulatory Patient Services.

Base Benchmark Benefit that was Substituted:

Outpatient Hospital Facility

Source:

Base Benchmark

Remove

Explain the substitution or duplication, including indicating the substituted benefit(s) or the duplicate section 1937 benchmark benefit(s) included above under Essential Health Benefits:

Duplication: Covered under the Virginia Medicaid State Plan as Outpatient Hospital Services under EHB1: Ambulatory Patient Services.

Base Benchmark Benefit that was Substituted:

Radiation Therapy

Source:

Base Benchmark

Remove

Explain the substitution or duplication, including indicating the substituted benefit(s) or the duplicate section 1937 benchmark benefit(s) included above under Essential Health Benefits:

Duplication: Covered under the Virginia Medicaid State Plan as Outpatient Hospital Services and Clinic Services under EHB1: Ambulatory Patient Services.

Base Benchmark Benefit that was Substituted:

Respiratory Therapy

Source:

Base Benchmark

Remove

Explain the substitution or duplication, including indicating the substituted benefit(s) or the duplicate section 1937 benchmark benefit(s) included above under Essential Health Benefits:

Duplication: Covered under the Virginia Medicaid State Plan as Other Licensed Providers under EHB1: Ambulatory Patient Services.

Base Benchmark Benefit that was Substituted:

Adult Dental Care

Source:

Base Benchmark

Remove

Explain the substitution or duplication, including indicating the substituted benefit(s) or the duplicate section 1937 benchmark benefit(s) included above under Essential Health Benefits:

Duplication: Covered under the Virginia Medicaid State Plan as Medical and Surgical Services Furnished by a Dentist under EHB1: Ambulatory Patient Services.

Base Benchmark Plan: Medically necessary dental services resulting from an accidental injury, provided that , for an injury occurring on or after your effective date of coverage, and treatment occurs withing 60



# Alternative Benefit Plan

days after injury. Prior approval of plan of treatment required. Dental services to prepare the mouth for radiation therapy to treat head and neck cancer.

Base Benchmark Benefit that was Substituted:

Infusion Services

Source:

Base Benchmark

Remove

Explain the substitution or duplication, including indicating the substituted benefit(s) or the duplicate section 1937 benchmark benefit(s) included above under Essential Health Benefits:

Duplication: Covered under the Virginia Medicaid State Plan as Clinic Services and Home Health Services under EHB1: Ambulatory Patient Services.

Base Benchmark Benefit that was Substituted:

Chemotherapy

Source:

Base Benchmark

Remove

Explain the substitution or duplication, including indicating the substituted benefit(s) or the duplicate section 1937 benchmark benefit(s) included above under Essential Health Benefits:

Duplication: Covered under the Virginia Medicaid State Plan as Outpatient Hospital Services under EHB1: Ambulatory Patient Services.

Base Benchmark Benefit that was Substituted:

Outpatient End Stage Renal Disease Treatment

Source:

Base Benchmark

Remove

Explain the substitution or duplication, including indicating the substituted benefit(s) or the duplicate section 1937 benchmark benefit(s) included above under Essential Health Benefits:

Duplication: Covered under the Virginia Medicaid State Plan as Physicians' Services under EHB1: Ambulatory Patient Services.

Base Benchmark Benefit that was Substituted:

Diagnostic Colonoscopy

Source:

Base Benchmark

Remove

Explain the substitution or duplication, including indicating the substituted benefit(s) or the duplicate section 1937 benchmark benefit(s) included above under Essential Health Benefits:

Duplication: Covered under the Virginia Medicaid State Plan as Physicians' Services under EHB1: Ambulatory Patient Services.

Base Benchmark Benefit that was Substituted:

Allergy Testing, Treatment

Source:

Base Benchmark

Remove

Explain the substitution or duplication, including indicating the substituted benefit(s) or the duplicate section 1937 benchmark benefit(s) included above under Essential Health Benefits:

Duplication: Covered under the Virginia Medicaid State Plan as Physicians' Services under EHB1: Ambulatory Patient Services.

Base Benchmark Benefit that was Substituted:

In-Home Hospice

Source:

Base Benchmark

Remove



# Alternative Benefit Plan

Explain the substitution or duplication, including indicating the substituted benefit(s) or the duplicate section 1937 benchmark benefit(s) included above under Essential Health Benefits:

Duplication: Covered under the Virginia Medicaid State Plan as Hospice Care Services under EHB1: Ambulatory Patient Services.

Base Benchmark Benefit that was Substituted:

TMJ Diagnostic, Surgical Procedures

Source:

Base Benchmark

Remove

Explain the substitution or duplication, including indicating the substituted benefit(s) or the duplicate section 1937 benchmark benefit(s) included above under Essential Health Benefits:

Duplication: Covered under the Virginia Medicaid State Plan as Physicians' Services and Outpatient Hospital Services under EHB1: Ambulatory Patient Services.  
Base Benchmark Plan: Does not cover appliances for temporomandibular joint pain.

Base Benchmark Benefit that was Substituted:

Lymphedema Treatment, Equip, Supplies, Therapy

Source:

Base Benchmark

Remove

Explain the substitution or duplication, including indicating the substituted benefit(s) or the duplicate section 1937 benchmark benefit(s) included above under Essential Health Benefits:

Duplication: Covered under the Virginia Medicaid State Plan as Physicians' Services under EHB1: Ambulatory Patient Services.

Base Benchmark Benefit that was Substituted:

Blood & Blood Services, Hemophilia, Cong Bleeding

Source:

Base Benchmark

Remove

Explain the substitution or duplication, including indicating the substituted benefit(s) or the duplicate section 1937 benchmark benefit(s) included above under Essential Health Benefits:

Duplication: Covered under the Virginia Medicaid State Plan as Physicians' Services and Home Health Services under EHB1: Ambulatory Patient Services.

Base Benchmark Benefit that was Substituted:

Telemedicine

Source:

Base Benchmark

Remove

Explain the substitution or duplication, including indicating the substituted benefit(s) or the duplicate section 1937 benchmark benefit(s) included above under Essential Health Benefits:

Duplication: Covered under the Virginia Medicaid State Plan as Physicians' Services under EHB1: Ambulatory Patient Services.

Base Benchmark Benefit that was Substituted:

Sleep Testing and Treatment

Source:

Base Benchmark

Remove

Explain the substitution or duplication, including indicating the substituted benefit(s) or the duplicate section 1937 benchmark benefit(s) included above under Essential Health Benefits:

Duplication: Covered under the Virginia Medicaid State Plan as Clinic Services under EHB1: Ambulatory Patient Services.



# Alternative Benefit Plan

Base Benchmark Benefit that was Substituted:

Vision Correction after Surgery or Accident

Source:

Base Benchmark

Remove

Explain the substitution or duplication, including indicating the substituted benefit(s) or the duplicate section 1937 benchmark benefit(s) included above under Essential Health Benefits:

Duplication: Covered under the Virginia Medicaid State Plan as Physicians' Services under EHB1: Ambulatory Patient Services. Base Benchmark Plan: Coverage limited to prescribed eyeglasses or contact lenses only when required as a result of surgery, or for the treatment of accidental injury. excludes coverage for services for radial keratotomy and other surgical procedures to correct refractive defects. This type of surgery includes keratoplasty and Lasik procedure. The purchase an fitting of eyeglasses or contact lenses are covered if prescribed to replace the human lens lost due to surgery or injury; pinhole glasses for use after surgery for a detached retina. Lenses are prescribed instead of surgery if contact lenses are used for the treatment of infantile glaucoma; corneal or scleral lenses in connection with keratoconus; scleral lenses to retain moisture control when normal tearing is not adequate; corneal or scleral lenses are required to reduce corneal irregularity other than astigmatism.

Base Benchmark Benefit that was Substituted:

Emergency Room Services

Source:

Base Benchmark

Remove

Explain the substitution or duplication, including indicating the substituted benefit(s) or the duplicate section 1937 benchmark benefit(s) included above under Essential Health Benefits:

Duplication: Covered under the Virginia Medicaid State Plan as Emergency Hospital Services--Outpatient Hospital under EHB 2: Emergency Services  
Base Benchmark Plan: Visits to out-of-network emergency rooms for emergency services are covered at in-network levels and cost shares apply. Provider may balance bill for amounts in excess of the maximum allowed amount.

Base Benchmark Benefit that was Substituted:

Emergency Transportation/Ambulance

Source:

Base Benchmark

Remove

Explain the substitution or duplication, including indicating the substituted benefit(s) or the duplicate section 1937 benchmark benefit(s) included above under Essential Health Benefits:

Duplication: Covered under the Virginia Medicaid State Plan as Transportation Services--Outpatient Hospital under EHB 2: Emergency Services  
Base Benchmark Plan: Professional ambulance services to or from the nearest facility or provider adequate to treat the condition are covered.

Base Benchmark Benefit that was Substituted:

Emergency Transportation/Air

Source:

Base Benchmark

Remove

Explain the substitution or duplication, including indicating the substituted benefit(s) or the duplicate section 1937 benchmark benefit(s) included above under Essential Health Benefits:

Duplication: Covered under the Virginia Medicaid State Plan as Transportation Services--Outpatient Hospital under EHB 2: Emergency Services  
Base Benchmark Plan: Air ambulance covered if preauthorized or in cases of threatened loss of life.

Base Benchmark Benefit that was Substituted:

Inpatient Hospital Stay

Source:

Base Benchmark

Remove



# Alternative Benefit Plan

Explain the substitution or duplication, including indicating the substituted benefit(s) or the duplicate section 1937 benchmark benefit(s) included above under Essential Health Benefits:

Duplication: Covered under the Virginia Medicaid State Plan as Inpatient Hospital Services under EHB 3: Hospitalization  
Base Benchmark Plan: Care by interns, residents, house physicians, or other facility employees that are billed separately from the hospital is not covered. Private rooms not covered unless medically necessary.

Base Benchmark Benefit that was Substituted:

Inpatient Physician & Surgical Services

Source:

Base Benchmark

Remove

Explain the substitution or duplication, including indicating the substituted benefit(s) or the duplicate section 1937 benchmark benefit(s) included above under Essential Health Benefits:

Duplication: Covered under the Virginia Medicaid State Plan as Physicians' Services under EHB 3: Hospitalization

Base Benchmark Benefit that was Substituted:

Hospice

Source:

Base Benchmark

Remove

Explain the substitution or duplication, including indicating the substituted benefit(s) or the duplicate section 1937 benchmark benefit(s) included above under Essential Health Benefits:

Duplication: Covered under the Virginia Medicaid State Plan as Hospice Services under EHB 3: Hospitalization

Base Benchmark Benefit that was Substituted:

Transplant Surgery - Patient

Source:

Base Benchmark

Remove

Explain the substitution or duplication, including indicating the substituted benefit(s) or the duplicate section 1937 benchmark benefit(s) included above under Essential Health Benefits:

Duplication: Covered under the Virginia Medicaid State Plan as Inpatient Hospital Services under EHB 3: Hospitalization. Medicaid State Plan covers all organs covered under the base benchmark plan.  
Base Benchmark Plan: Organ and tissue transplants are covered, unless considered experimental or investigative.

Base Benchmark Benefit that was Substituted:

Transplant Surgery - Donor

Source:

Base Benchmark

Remove

Explain the substitution or duplication, including indicating the substituted benefit(s) or the duplicate section 1937 benchmark benefit(s) included above under Essential Health Benefits:

Duplication: Covered under the Virginia Medicaid State Plan as Inpatient Hospital Services under EHB 3: Hospitalization. Medicaid State Plan covers all organs covered under the base benchmark plan.  
Base Benchmark Plan: When a covered human organ or tissue transplant is provided from a living donor to a member, both the recipient and the donor may receive covered benefits.

Base Benchmark Benefit that was Substituted:

Surgery to Correct Congenital Anomalies

Source:

Base Benchmark

Remove





# Alternative Benefit Plan

Explain the substitution or duplication, including indicating the substituted benefit(s) or the duplicate section 1937 benchmark benefit(s) included above under Essential Health Benefits:

Duplication: Covered under the Virginia Medicaid State Plan as Inpatient Hospital Services under EHB 3: Hospitalization

Base Benchmark Benefit that was Substituted:

Oral & Maxillofacial Surgery

Source:

Base Benchmark

Remove

Explain the substitution or duplication, including indicating the substituted benefit(s) or the duplicate section 1937 benchmark benefit(s) included above under Essential Health Benefits:

Duplication: Covered under the Virginia Medicaid State Plan as Inpatient Hospital Services under EHB 3: Hospitalization.

Base Benchmark Plan: Maxillary or mandibular frenectomy when not related to a dental procedure.

Base Benchmark Benefit that was Substituted:

Reconstructive Breast Surgery Post Mastectomy

Source:

Base Benchmark

Remove

Explain the substitution or duplication, including indicating the substituted benefit(s) or the duplicate section 1937 benchmark benefit(s) included above under Essential Health Benefits:

Duplication: Covered under the Virginia Medicaid State Plan as Inpatient Hospital Services under EHB 3: Hospitalization

Base Benchmark Benefit that was Substituted:

Postmastectomy/Lymph Node Dissection Inpat Care

Source:

Base Benchmark

Remove

Explain the substitution or duplication, including indicating the substituted benefit(s) or the duplicate section 1937 benchmark benefit(s) included above under Essential Health Benefits:

Duplication: Covered under the Virginia Medicaid State Plan as Inpatient Hospital Services under EHB 3: Hospitalization

Base Benchmark Benefit that was Substituted:

Minimum Hospital State for Hysterectomy

Source:

Base Benchmark

Remove

Explain the substitution or duplication, including indicating the substituted benefit(s) or the duplicate section 1937 benchmark benefit(s) included above under Essential Health Benefits:

Duplication: Covered under the Virginia Medicaid State Plan as Inpatient Hospital Services under EHB 3: Hospitalization

Base Benchmark Benefit that was Substituted:

TMJ Surgical Procedures

Source:

Base Benchmark

Remove

Explain the substitution or duplication, including indicating the substituted benefit(s) or the duplicate section 1937 benchmark benefit(s) included above under Essential Health Benefits:

Duplication: Covered under the Virginia Medicaid State Plan as Inpatient Hospital Services under EHB 3: Hospitalization



# Alternative Benefit Plan

Base Benchmark Benefit that was Substituted:

Hemophilia & Congenital Bleeding Disorders

Source:

Base Benchmark

Remove

Explain the substitution or duplication, including indicating the substituted benefit(s) or the duplicate section 1937 benchmark benefit(s) included above under Essential Health Benefits:

Duplication: Covered under the Virginia Medicaid State Plan as Inpatient Hospital Services under EHB 3: Hospitalization

Base Benchmark Benefit that was Substituted:

Diagnostic Genetic Testing & Counseling

Source:

Base Benchmark

Remove

Explain the substitution or duplication, including indicating the substituted benefit(s) or the duplicate section 1937 benchmark benefit(s) included above under Essential Health Benefits:

Duplication: Covered under the Virginia Medicaid State Plan as Inpatient Hospital Services under EHB 3: Hospitalization

Base Benchmark Benefit that was Substituted:

Pregnancy Testing

Source:

Base Benchmark

Remove

Explain the substitution or duplication, including indicating the substituted benefit(s) or the duplicate section 1937 benchmark benefit(s) included above under Essential Health Benefits:

Duplication: Covered under the Virginia Medicaid State Plan as Physicians' Services under EHB 1: Ambulatory Patient Services.

Base Benchmark Benefit that was Substituted:

Prenatal & Postnatal Care

Source:

Base Benchmark

Remove

Explain the substitution or duplication, including indicating the substituted benefit(s) or the duplicate section 1937 benchmark benefit(s) included above under Essential Health Benefits:

Duplication: Covered under the Virginia Medicaid State Plan as Physicians' Services: Maternity Care under EHB 4: Maternity and Newborn Care.

Base Benchmark Benefit that was Substituted:

Prenatal Screenings

Source:

Base Benchmark

Remove

Explain the substitution or duplication, including indicating the substituted benefit(s) or the duplicate section 1937 benchmark benefit(s) included above under Essential Health Benefits:

Duplication: Covered under the Virginia Medicaid State Plan as Physicians' Services: Maternity Care under EHB 4: Maternity and Newborn Care.

Base Benchmark Benefit that was Substituted:

Delivery & Inpatient Services

Source:

Base Benchmark

Remove

Explain the substitution or duplication, including indicating the substituted benefit(s) or the duplicate section 1937 benchmark benefit(s) included above under Essential Health Benefits:



# Alternative Benefit Plan

Duplication: Covered under the Virginia Medicaid State Plan as Inpatient Hospital Services: Maternity Care under EHB 4: Maternity and Newborn Care.

Base Benchmark Benefit that was Substituted:

Delivery by Midwife

Source:

Base Benchmark

Remove

Explain the substitution or duplication, including indicating the substituted benefit(s) or the duplicate section 1937 benchmark benefit(s) included above under Essential Health Benefits:

Duplication: Covered under the Virginia Medicaid State Plan as Nurse Midwife Services: Maternity Care under EHB 4: Maternity and Newborn Care Services.  
Base Benchmark Plan: Covered in home setting by nurse midwives.

Base Benchmark Benefit that was Substituted:

Postnatal Care (baby)

Source:

Base Benchmark

Remove

Explain the substitution or duplication, including indicating the substituted benefit(s) or the duplicate section 1937 benchmark benefit(s) included above under Essential Health Benefits:

Duplication: Covered under the Virginia Medicaid State Plan as Physicians' Services: Maternity Care under EHB 4: Maternity and Newborn Care.

Base Benchmark Benefit that was Substituted:

Postnatal Care (mother)

Source:

Base Benchmark

Remove

Explain the substitution or duplication, including indicating the substituted benefit(s) or the duplicate section 1937 benchmark benefit(s) included above under Essential Health Benefits:

Duplication: Covered under the Virginia Medicaid State Plan as Physicians' Services: Maternity Care under EHB 4: Maternity and Newborn Care.

Base Benchmark Benefit that was Substituted:

Routine Newborn Nursery and Care

Source:

Base Benchmark

Remove

Explain the substitution or duplication, including indicating the substituted benefit(s) or the duplicate section 1937 benchmark benefit(s) included above under Essential Health Benefits:

Duplication: Covered under the Virginia Medicaid State Plan as Inpatient Hospital Services: Maternity Care under EHB 4: Maternity and Newborn Care

Base Benchmark Benefit that was Substituted:

Breastfeeding/Lactation Counseling & Equipment

Source:

Base Benchmark

Remove

Explain the substitution or duplication, including indicating the substituted benefit(s) or the duplicate section 1937 benchmark benefit(s) included above under Essential Health Benefits:

Duplication: Covered under the Virginia Medicaid State Plan as Other Practitioners' Services.  
Breastfeeding/lactation counseling is covered under EHB 9: Preventive and Wellness Services and supplies are covered under EHB 7: Supplies.  
Base Benchmark Plan: One breast pump per pregnancy.



# Alternative Benefit Plan

Base Benchmark Benefit that was Substituted:

Mental Health/Behavioral Health Outpatient Service

Source:

Base Benchmark

Remove

Explain the substitution or duplication, including indicating the substituted benefit(s) or the duplicate section 1937 benchmark benefit(s) included above under Essential Health Benefits:

Duplication: Covered under the Virginia Medicaid State Plan as Rehabilitation Services--Mental Health, Outpatient under EHB 5: Mental Health, Substance Use Disorder, Behavioral Health.

Base Benchmark Benefit that was Substituted:

Mental Health/Behavioral Health Inpatient Services

Source:

Base Benchmark

Remove

Explain the substitution or duplication, including indicating the substituted benefit(s) or the duplicate section 1937 benchmark benefit(s) included above under Essential Health Benefits:

Duplication: Covered under the Virginia Medicaid State Plan as Rehabilitation Services--Mental Health, Inpatient under EHB 5: Mental Health, Substance Use Disorder, Behavioral Health.

Base Benchmark Benefit that was Substituted:

Substance Use Disorder Outpatient Services

Source:

Base Benchmark

Remove

Explain the substitution or duplication, including indicating the substituted benefit(s) or the duplicate section 1937 benchmark benefit(s) included above under Essential Health Benefits:

Duplication: Covered under the Virginia Medicaid State Plan as Rehabilitation Services--Substance Use, Outpatient under EHB 5: Mental Health, Substance Use Disorder, Behavioral Health.

Base Benchmark Benefit that was Substituted:

Substance Use Disorder Inpatient/Detox & Rehab

Source:

Base Benchmark

Remove

Explain the substitution or duplication, including indicating the substituted benefit(s) or the duplicate section 1937 benchmark benefit(s) included above under Essential Health Benefits:

Duplication: Covered under the Virginia Medicaid State Plan as Rehabilitation Services--Substance Use, Inpatient under EHB 5: Mental Health, Substance Use Disorder, Behavioral Health.

Base Benchmark Benefit that was Substituted:

Partial Day/Intensive Outpatient Services

Source:

Base Benchmark

Remove

Explain the substitution or duplication, including indicating the substituted benefit(s) or the duplicate section 1937 benchmark benefit(s) included above under Essential Health Benefits:

Duplication: Covered under the Virginia Medicaid State Plan as Rehabilitation Services--Mental Health, Outpatient under EHB 5: Mental Health, Substance Use Disorder, Behavioral Health.

Base Benchmark Plan: A partial day program must be licensed or approved by the state and must include either a day or evening treatment program, which lasts at least six or more continuous hours per day for mental health or substance abuse, or an intensive outpatient program, which lasts 3 or more continuous hours per day for treatment of alcohol or drug dependence.



# Alternative Benefit Plan

Base Benchmark Benefit that was Substituted:

Generic Drugs, Including Specialty & Biological

Source:

Base Benchmark

Remove

Explain the substitution or duplication, including indicating the substituted benefit(s) or the duplicate section 1937 benchmark benefit(s) included above under Essential Health Benefits:

Duplication: Covered under the Virginia Medicaid State Plan as Prescribed Drugs under EHB 6: Prescription Drugs.  
Base Benchmark Plan: Anthem national formulary medications.

Base Benchmark Benefit that was Substituted:

Preferred Brand Drugs, Including Specialty & biolo

Source:

Base Benchmark

Remove

Explain the substitution or duplication, including indicating the substituted benefit(s) or the duplicate section 1937 benchmark benefit(s) included above under Essential Health Benefits:

Duplication: Covered under the Virginia Medicaid State Plan as Prescribed Drugs under EHB 6: Prescription Drugs.  
Base Benchmark Plan: Anthem national formulary medications.

Base Benchmark Benefit that was Substituted:

Non-preferred Brand Drugs, Incl Spec & Biological

Source:

Base Benchmark

Remove

Explain the substitution or duplication, including indicating the substituted benefit(s) or the duplicate section 1937 benchmark benefit(s) included above under Essential Health Benefits:

Duplication: Covered under the Virginia Medicaid State Plan as Prescribed Drugs under EHB 6: Prescription Drugs.  
Base Benchmark Plan: Anthem national formulary medications.

Base Benchmark Benefit that was Substituted:

Off-Label Drugs & Cancer Drugs

Source:

Base Benchmark

Remove

Explain the substitution or duplication, including indicating the substituted benefit(s) or the duplicate section 1937 benchmark benefit(s) included above under Essential Health Benefits:

Duplication: Only Covered under the Virginia Medicaid State Plan as EPSDT Services for children under 21 under EHB 10: Pediatric Services, Oral & Vision.  
Base Benchmark Plan: Drugs and other outpatient prescription medications for palliative care and pain management covered under hospice benefit.

Base Benchmark Benefit that was Substituted:

Medical Food Supplements

Source:

Base Benchmark

Remove

Explain the substitution or duplication, including indicating the substituted benefit(s) or the duplicate section 1937 benchmark benefit(s) included above under Essential Health Benefits:

Duplication: Covered under the Virginia Medicaid State Plan as Home Health Services--Supplies, Equipment & Appliances under EHB 7: Rehabilitation, Habilitation Services and Devices.  
Base Benchmark Plan: Special Medical formulas which are the primary source of nutrition for covered persons with inborn errors of amino acid or organic acid metabolism, metabolic abnormality or severe protein or soy allergies. These formulas must be prescribed by a physician and required to maintain adequate nutritional status.



# Alternative Benefit Plan

Base Benchmark Benefit that was Substituted: Injectable Drugs & Drugs Admin in Outpatient Setti	Source: Base Benchmark	Remove
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Explain the substitution or duplication, including indicating the substituted benefit(s) or the duplicate section 1937 benchmark benefit(s) included above under Essential Health Benefits:

Duplication: Covered under the Virginia Medicaid State Plan as Prescribed Drugs under EHB 6: Prescription Drugs.

Base Benchmark Benefit that was Substituted: Inpatient Rehabilitation/Habilitation Services	Source: Base Benchmark	Remove
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Explain the substitution or duplication, including indicating the substituted benefit(s) or the duplicate section 1937 benchmark benefit(s) included above under Essential Health Benefits:

Duplication: Covered under the Virginia Medicaid State Plan as Inpatient Hospital Services under EHB 7: Rehabilitative, Habilitative Services & Devices.

Base Benchmark Benefit that was Substituted: Outpatient Rehabilitation Services	Source: Base Benchmark	Remove
--	---------------------------	--------

Explain the substitution or duplication, including indicating the substituted benefit(s) or the duplicate section 1937 benchmark benefit(s) included above under Essential Health Benefits:

Duplication: Covered under the Virginia Medicaid State Plan as Physical Therapy & Related Services under EHB 7: Rehabilitative, Habilitative Services & Devices.  
Base Benchmark Plan: Visit limits accumulate to Physical, Occupational or Speech Therapy limits.

Base Benchmark Benefit that was Substituted: Physical/Occupational Therapy	Source: Base Benchmark	Remove
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Explain the substitution or duplication, including indicating the substituted benefit(s) or the duplicate section 1937 benchmark benefit(s) included above under Essential Health Benefits:

Duplication: Covered under the Virginia Medicaid State Plan as Physical Therapy & Related Services under EHB 7: Rehabilitative, Habilitative Services & Devices.  
Base Benchmark Plan: Limit of 30 visits per member per year.

Base Benchmark Benefit that was Substituted: Speech Therapy	Source: Base Benchmark	Remove
--	---------------------------	--------

Explain the substitution or duplication, including indicating the substituted benefit(s) or the duplicate section 1937 benchmark benefit(s) included above under Essential Health Benefits:

Duplication: Covered under the Virginia Medicaid State Plan as Physical Therapy & Related Services under EHB 7: Rehabilitative, Habilitative Services & Devices.  
Base Benchmark Plan: Limit of 30 visits per member per year.

Base Benchmark Benefit that was Substituted: Respiratory Therapy	Source: Base Benchmark	Remove
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# Alternative Benefit Plan

Explain the substitution or duplication, including indicating the substituted benefit(s) or the duplicate section 1937 benchmark benefit(s) included above under Essential Health Benefits:

Duplication: Covered under the Virginia Medicaid State Plan as Respiratory Care Services under EHB 7: Rehabilitative, Habilitative Services & Devices.

Base Benchmark Benefit that was Substituted:

Cardiac Rehabilitation Therapy

Source:

Base Benchmark

Remove

Explain the substitution or duplication, including indicating the substituted benefit(s) or the duplicate section 1937 benchmark benefit(s) included above under Essential Health Benefits:

Duplication: Covered under the Virginia Medicaid State Plan as Physicians' Services under EHB 7: Rehabilitative, Habilitative Services & Devices.

Base Benchmark Benefit that was Substituted:

Home Health Care

Source:

Base Benchmark

Remove

Explain the substitution or duplication, including indicating the substituted benefit(s) or the duplicate section 1937 benchmark benefit(s) included above under Essential Health Benefits:

Substitution: Covered under the Virginia Medicaid State Plan as Home Health Services--Intermittent and Part Time, and Home health Aide Services under EHB 1: Ambulatory Patient Services.  
Base Benchmark Plan: Limited to 100 visits per member per year.

Base Benchmark Benefit that was Substituted:

Prosthetics

Source:

Base Benchmark

Remove

Explain the substitution or duplication, including indicating the substituted benefit(s) or the duplicate section 1937 benchmark benefit(s) included above under Essential Health Benefits:

Duplication: Covered under the Virginia Medicaid State Plan as Prosthetic Devices under EHB 7: Rehabilitative, Habilitative Services & Devices.

Base Benchmark Benefit that was Substituted:

Durable Medical Equipment

Source:

Base Benchmark

Remove

Explain the substitution or duplication, including indicating the substituted benefit(s) or the duplicate section 1937 benchmark benefit(s) included above under Essential Health Benefits:

Duplication: Covered under the Virginia Medicaid State Plan as Home Health Services--Medical Supplies, Equipment & Appliances under EHB 7: Rehabilitative, Habilitative Services & Devices.

Base Benchmark Benefit that was Substituted:

Medical Supplies

Source:

Base Benchmark

Remove

Explain the substitution or duplication, including indicating the substituted benefit(s) or the duplicate section 1937 benchmark benefit(s) included above under Essential Health Benefits:

Duplication: Covered under the Virginia Medicaid State Plan as Home Health Services--Medical Supplies, Equipment & Appliances under EHB 7: Rehabilitative, Habilitative Services & Devices.



# Alternative Benefit Plan

Base Benchmark Benefit that was Substituted:

Diagnostic Tests

Source:

Base Benchmark

Remove

Explain the substitution or duplication, including indicating the substituted benefit(s) or the duplicate section 1937 benchmark benefit(s) included above under Essential Health Benefits:

Duplication: Covered under the Virginia Medicaid State Plan as Other Laboratory & X-Ray Services under EHB 8: Laboratory Services.

Base Benchmark Benefit that was Substituted:

Preventive Care/Screening/Immunization

Source:

Base Benchmark

Remove

Explain the substitution or duplication, including indicating the substituted benefit(s) or the duplicate section 1937 benchmark benefit(s) included above under Essential Health Benefits:

Duplication: Covered under the Virginia Medicaid State Plan as Preventive Services and Screening Services under EHB 9: Preventive & Wellness Services, Chronic Pain Management.

Base Benchmark Benefit that was Substituted:

Routine Hearing Screening

Source:

Base Benchmark

Remove

Explain the substitution or duplication, including indicating the substituted benefit(s) or the duplicate section 1937 benchmark benefit(s) included above under Essential Health Benefits:

Duplication: Covered under the Virginia Medicaid State Plan as EPSDT Services under EHB 10: Pediatric Services, Oral and Vision.

Base Benchmark Benefit that was Substituted:

Clinical Trials For Cancer--Substitution

Source:

Base Benchmark

Remove

Explain the substitution or duplication, including indicating the substituted benefit(s) or the duplicate section 1937 benchmark benefit(s) included above under Essential Health Benefits:

Substitution: Clinical Trials for Cancer for Adults under EHB1: Ambulatory Services was substituted for Medicaid Personal Care Services. (Clinical Trials are covered for children under EPSDT.)  
Base Benchmark Plan: Coverage provided as long as the clinical trial is not considered experimental/investigative at Anthem's sole discretion.

Base Benchmark Benefit that was Substituted:

Clin Trials--Life-Threat Disease--Substitution

Source:

Base Benchmark

Remove

Explain the substitution or duplication, including indicating the substituted benefit(s) or the duplicate section 1937 benchmark benefit(s) included above under Essential Health Benefits:

Substitution: Clinical Trials for Life Threatening Disease for Adults under EHB1: Ambulatory Services was substituted for Medicaid Personal Care Services. (Clinical Trials are covered for children under EPSDT.)  
Base Benchmark Plan: Coverage provided as long as the clinical trial is not considered experimental/investigative at Anthem's sole discretion.





# Alternative Benefit Plan

Base Benchmark Benefit that was Substituted: Chiropractic Care--Substitution	Source: Base Benchmark	Remove
Explain the substitution or duplication, including indicating the substituted benefit(s) or the duplicate section 1937 benchmark benefit(s) included above under Essential Health Benefits: Substitution: Chiropractic care under EHB 1: Ambulatory Services was substituted for Medicaid Personal Care Services.		
Base Benchmark Benefit that was Substituted: Private Duty Nursing--Substitution	Source: Base Benchmark	Remove
Explain the substitution or duplication, including indicating the substituted benefit(s) or the duplicate section 1937 benchmark benefit(s) included above under Essential Health Benefits: Substitution: Private Duty Nursing Services under EHB 1: Ambulatory Services was substituted for Medicaid Personal Care Services.		
Base Benchmark Benefit that was Substituted: Prescription Contraceptives	Source: Base Benchmark	Remove
Explain the substitution or duplication, including indicating the substituted benefit(s) or the duplicate section 1937 benchmark benefit(s) included above under Essential Health Benefits: Duplication: Covered under the Virginia Medicaid State Plan as Family Planning Services under EHB 6: Prescribed Drugs.		
Base Benchmark Benefit that was Substituted: Services for the Interruption of Pregnancy	Source: Base Benchmark	Remove
Explain the substitution or duplication, including indicating the substituted benefit(s) or the duplicate section 1937 benchmark benefit(s) included above under Essential Health Benefits: Duplication: Covered under the Virginia Medicaid State Plan as Induced Abortion Services only as allowed under the Hyde Amendment under EHB1: Ambulatory Patient Services.		
Add		



# Alternative Benefit Plan

## 13. Other Base Benchmark Benefits Not Covered

Collapse All

Base Benchmark Benefit not Included in the Alternative Benefit Plan:

Services for the Interruption of Pregnancy

Source:

Base Benchmark

Remove

Explain why the state/territory chose not to include this benefit:

Abortions are only covered in cases of rape, incest, jeopardy to the life of the mother, or in the case where a woman suffers from a physical disorder, physical injury, or physical illness, including a life-endangering physical condition caused by or arising from the pregnancy itself, that would, as certified by a physician, place the woman in danger of death unless an abortion is performed. Services for the interruption of pregnancy that go beyond these instances which are allowed under the Hyde Amendment are not covered.

Base Benchmark Benefit not Included in the Alternative Benefit Plan:

Early Intervention Services

Source:

Base Benchmark

Remove

Explain why the state/territory chose not to include this benefit:

This benefit is for infants ages 0-3. Only individuals ages 18-64 are eligible for Medicaid Works.

Add



# Alternative Benefit Plan

14. Other 1937 Covered Benefits that are not Essential Health Benefits

Collapse All

Other 1937 Benefit Provided: Routine Patient Cost in Qualifying Clinical Trials	Source: Section 1937 Coverage Option Benchmark Benefit Package	Remove
Authorization: Other	Provider Qualifications: Medicaid State Plan	
Amount Limit: None	Duration Limit: None	
Scope Limit: Items or services provided under a qualified CT or to prevent, diagnose, monitor, or treat complications resulting from participation in the CT, to the extent that such items or services would otherwise be covered under the state plan or waiver.		
Other:  		

Add



# Alternative Benefit Plan

15. Additional Covered Benefits (This category of benefits is not applicable to the adult group under section 1902(a)(10)(A)(i)(VIII) of the Act.)

Collapse All

Benefit Provided:	Source:	Remove
Nursing Facility Services	State Plan 1905(a)	
Authorization:	Provider Qualifications:	
Other	Medicaid State Plan	
Amount Limit:	Duration Limit:	
None	None	
Scope Limit:		
Rehabilitation and Long Term Custodial Care		
Other:		
Must meet institutional level of care		

Benefit Provided:	Source:	Remove
ICF/IID	State Plan 1905(a)	
Authorization:	Provider Qualifications:	
Prior Authorization	Medicaid State Plan	
Amount Limit:	Duration Limit:	
None	None	
Scope Limit:		
None		
Other:		
Individuals who meet ICF-IID patient status criteria		

Benefit Provided:	Source:	Remove
Extended Services to Pregnant Women	State Plan 1905(a)	
Authorization:	Provider Qualifications:	
Other	Medicaid State Plan	
Amount Limit:	Duration Limit:	
Varies by Service	Varies by Service	
Scope Limit:		
Varies by Service		
Other:		
Services are provided in accordance with the State plan benefit described in Attachment 3.1-A, Attachment 3.1-B, and Supplement 3 to Attachment 3.1-A & B.		



# Alternative Benefit Plan

Benefit Provided:

Case Management Services

Source:

State Plan 1905(a)

Remove

Authorization:

Other

Provider Qualifications:

Medicaid State Plan

Amount Limit:

None

Duration Limit:

None

Scope Limit:

Limited to specific groups. See "Other" below.

Other:

Case management services are limited to specific groups of individuals, including: high risk pregnant women and children, seriously mentally ill adults and emotionally disturbed children, youth at risk of serious emotional disturbance, individuals with mental retardation, individuals with mental retardation and related conditions who participate in the Home and Community-Based waivers, recipients of auxiliary grants, foster care children, individuals with developmental disabilities (including autism), and individuals who have an Axis I substance-related disorder.

Benefit Provided:

Comm M. H. Serv--Day Treatment/Partial Hospitaliza

Source:

State Plan 1905(a)

Remove

Authorization:

Authorization required in excess of limitation

Provider Qualifications:

Medicaid State Plan

Amount Limit:

780 Units per fiscal year

Duration Limit:

2-7 or more hours per day until unit limit reached

Scope Limit:

Group sessions may be scheduled multiple times per week in a nonresidential setting

Other:

One unit = 2-3.9 hours, two units = 4-6.9 hours, three units = 7 hours or more. Provided to individuals who require coordinated, intensive, comprehensive treatment but do not require inpatient treatment. If no prior claims found, 5 units provided without authorization, otherwise 3-unit daily limit and 780 annual limit applied.

Benefit Provided:

Comm M. H. Serv--Psychosocial Rehabilitation

Source:

State Plan 1905(a)

Remove

Authorization:

Authorization required in excess of limitation

Provider Qualifications:

Medicaid State Plan

Amount Limit:

2 assessments/FY; 936 units--rehab/FY

Duration Limit:

2-7 or more hours per day until unit limit reached

Scope Limit:

Group sessions may be scheduled multiple times per week in a nonresidential setting

Other:

One unit = 2-3.9 hours, two units = 4-6.9 hours, three units = 7 hours or more. Provided to individuals who



# Alternative Benefit Plan

without the treatment would be unable to remain in the community. If no prior claims found, 10 units provided without authorization, otherwise 3-unit daily limit and 936 annual limit applied.

**Benefit Provided:**

Comm M. H. Serv--Crisis Intervention

**Source:**

State Plan 1905(a)

Remove

**Authorization:**

Other

**Provider Qualifications:**

Medicaid State Plan

**Amount Limit:**

180 hrs/FY-intervention; 60 days/FY-stabilization

**Duration Limit:**

For stabilization: 8 hrs/day max; 15 day max

**Scope Limit:**

Assessing crisis, short-term counseling, access to further assessment and follow-up. Office, home, phone.

**Other:**

Registration required.

**Benefit Provided:**

Comm M. H. Serv--Intensive Community Treatment

**Source:**

State Plan 1905(a)

Remove

**Authorization:**

Authorization required in excess of limitation

**Provider Qualifications:**

Medicaid State Plan

**Amount Limit:**

2 assessments/FY; 130 hours treatment/FY

**Duration Limit:**

Initial 26 weeks/FY; additional 26 weeks with auth

**Scope Limit:**

Psychotherapy, psych assessment, medication management, case management for those at risk of psychiatric hospitalization.

**Other:**

26 weeks authorized after initial assessment; 26 additional weeks authorized after written assessment and certification by qualified mental health provider.

**Benefit Provided:**

Comm M. H. Serv--Mental Health Support Services

**Source:**

State Plan 1905(a)

Remove

**Authorization:**

Authorization required in excess of limitation

**Provider Qualifications:**

Medicaid State Plan

**Amount Limit:**

2 assessments/FY; 372 units treatment/FY

**Duration Limit:**

May be authorized for 6 consecutive months

**Scope Limit:**

Reinforcement of functional skills, activities of daily living, use of community resources, monitoring of health, nutrition, physical condition to individuals who without the treatment would be unable to remain in the community.



# Alternative Benefit Plan

Other:

One unit = 2-2.9 hours, two units = 3-4.9 hours, three units = 5 - 6.0 hours, four units = 7 or more hours per day.

Benefit Provided:

Source:

Remove

Authorization:

Provider Qualifications:

Amount Limit:

Duration Limit:

Scope Limit:

Other:

Benefit Provided:

Source:

Remove

Authorization:

Provider Qualifications:

Amount Limit:

Duration Limit:

Scope Limit:

Other:

Add

## PRA Disclosure Statement

Centers for Medicare & Medicaid Services (CMS) collects this mandatory information in accordance with (42 U.S.C. 1396a) for the purpose of standardizing data. The information will be used to monitor and analyze performance metrics related to the Medicaid and Children's Health Insurance Program in efforts to boost program integrity efforts, improve performance and accountability across the programs. Under the Privacy Act of 1974 any personally identifying information obtained will be kept private to the extent of the law. According to the Paperwork Reduction Act of 1995, no persons are required to respond to a collection of information unless it displays a valid OMB control number. The valid OMB control number for this information collection is 0938-1188. The time required to complete this information collection is estimated to average 5 hours per response, including the time to review instructions, search existing data resources, gather the data needed, and complete and review the information collection. If you have comments concerning the accuracy of the time estimate(s) or suggestions for improving this form, please write to: CMS, 7500 Security Boulevard, Attn: PRA Reports Clearance Officer, Mail Stop C4-26-05, Baltimore, Maryland 21244-1850.



# Alternative Benefit Plan

V.20190808





# Alternative Benefit Plan

State Name:

Attachment 3.1-L-

OMB Control Number: 09381148

Transmittal Number: VA - 22 - 0013

**Benefits Assurances** **ABP7**

**EPSDT Assurances**

If the target population includes persons under 21, please complete the following assurances regarding EPSDT. Otherwise, skip to the Prescription Drug Coverage Assurances below.

The alternative benefit plan includes beneficiaries under 21 years of age.

The state/territory assures that the notice to an individual includes a description of the method for ensuring access to EPSDT services (42 CFR 440.345).

The state/territory assures EPSDT services will be provided to individuals under 21 years of age who are covered under the state/territory plan under section 1902(a)(10)(A) of the Act.

Indicate whether EPSDT services will be provided only through an Alternative Benefit Plan or whether the state/territory will provide additional benefits to ensure EPSDT services:

Through an Alternative Benefit Plan.

Through an Alternative Benefit Plan with additional benefits to ensure EPSDT services as defined in 1905(r).

Per 42 CFR 440.345, please describe how the additional benefits will be provided, how access to additional benefits will be coordinated and how beneficiaries and providers will be informed of these processes in order to ensure individuals have access to the full EPSDT benefit.

Indicate whether additional EPSDT benefits will be provided through fee-for-service or contracts with a provider:

State/territory provides additional EPSDT benefits through fee-for-service.

State/territory contracts with a provider for additional EPSDT services.

Other Information regarding how ESPDT benefits will be provided to participants under 21 years of age (optional):

**Prescription Drug Coverage Assurances**

The state/territory assures that it meets the minimum requirements for prescription drug coverage in section 1937 of the Act and implementing regulations at 42 CFR 440.347. Coverage is at least the greater of one drug in each United States Pharmacopeia (USP) category and class or the same number of prescription drugs in each category and class as the base benchmark.

The state/territory assures that procedures are in place to allow a beneficiary to request and gain access to clinically appropriate prescription drugs when not covered.

The state/territory assures that when it pays for outpatient prescription drugs covered under an Alternative Benefit Plan, it meets the requirements of section 1927 of the Act and implementing regulations at 42 CFR 440.345, except for those requirements that are directly contrary to amount, duration and scope of coverage permitted under section 1937 of the Act.

The state/territory assures that when conducting prior authorization of prescription drugs under an Alternative Benefit Plan, it complies with prior authorization program requirements in section 1927(d)(5) of the Act.



# Alternative Benefit Plan

## Other Benefit Assurances

The state/territory assures that substituted benefits are actuarially equivalent to the benefits they replaced from the base benchmark plan, and that the state/territory has actuarial certification for substituted benefits available for CMS inspection if requested by CMS.

The state/territory assures that individuals will have access to services in Rural Health Clinics (RHC) and Federally Qualified Health Centers (FQHC) as defined in subparagraphs (B) and (C) of section 1905(a)(2) of the Social Security Act.

The state/territory assures that payment for RHC and FQHC services is made in accordance with the requirements of section 1902(bb) of the Social Security Act.

The state/territory assures that it will comply with the requirement of section 1937(b)(5) of the Act by providing, effective January 1, 2014, to all Alternative Benefit Plan participants at least Essential Health Benefits as described in section 1302(b) of the Patient Protection and Affordable Care Act.

The state/territory assures that it will comply with the mental health and substance use disorder parity requirements of section 1937(b)(6) of the Act by ensuring that the financial requirements and treatment limitations applicable to mental health or substance use disorder benefits comply with the requirements of section 2705(a) of the Public Health Service Act in the same manner as such requirements apply to a group health plan.

The state/territory assures that it will comply with section 1937(b)(7) of the Act by ensuring that benefits provided to Alternative Benefit Plan participants include, for any individual described in section 1905(a)(4)(C), medical assistance for family planning services and supplies in accordance with such section.

The state/territory assures transportation (emergency and non-emergency) for individuals enrolled in an Alternative Benefit Plan in accordance with 42 CFR 431.53.

The state/territory assures, in accordance with 45 CFR 156.115(a)(4) and 45 CFR 147.130, that it will provide as Essential Health Benefits a broad range of preventive services including: "A" and "B" services recommended by the United States Preventive Services Task Force; Advisory Committee for Immunization Practices (ACIP) recommended vaccines; preventive care and screening for infants, children and adults recommended by HRSA's Bright Futures program/project; and additional preventive services for women recommended by the Institute of Medicine (IOM).

## PRA Disclosure Statement

According to the Paperwork Reduction Act of 1995, no persons are required to respond to a collection of information unless it displays a valid OMB control number. The valid OMB control number for this information collection is 0938-1148. The time required to complete this information collection is estimated to average 5 hours per response, including the time to review instructions, search existing data resources, gather the data needed, and complete and review the information collection. If you have comments concerning the accuracy of the time estimate(s) or suggestions for improving this form, please write to: CMS, 7500 Security Boulevard, Attn: PRA Reports Clearance Officer, Mail Stop C4-26-05, Baltimore, Maryland 21244-1850.

V.20160722



# Alternative Benefit Plan

State Name:

Attachment 3.1-L-

OMB Control Number: 09381148

Transmittal Number: VA - 22 - 0013

## Service Delivery Systems

**ABP8**

Provide detail on the type of delivery system(s) the state/territory will use for the Alternative Benefit Plan's benchmark benefit package or benchmark-equivalent benefit package, including any variation by the participants' geographic area.

Type of service delivery system(s) the state/territory will use for this Alternative Benefit Plan(s).

Select one or more service delivery systems:

Managed care.

Managed Care Organizations (MCO).

Prepaid Inpatient Health Plans (PIHP).

Prepaid Ambulatory Health Plans (PAHP).

Primary Care Case Management (PCCM).

Fee-for-service.

Other service delivery system.

## Managed Care Options

### Managed Care Assurance

The state/territory certifies that it will comply with all applicable Medicaid laws and regulations, including but not limited to sections 1903(m), 1905(t), and 1932 of the Act and 42 CFR Part 438, in providing managed care services through this Alternative Benefit Plan. This includes the requirement for CMS approval of contracts and rates pursuant to 42 CFR 438.6.

### Managed Care Implementation

Please describe the implementation plan for the Alternative Benefit Plan under managed care including member, stakeholder, and provider outreach efforts.

The Alternative Benefit Plan for a portion of the Medicaid Buy-In population is already functioning under managed care. As such it already has well-established member, stakeholder, and provider outreach efforts under way. DMAS and its stakeholder partners will continue to monitor these efforts to ensure efficient and effective delivery of managed care services to this population. If additional services are needed, the services will be provided through the fee-for-service program.

### MCO: Managed Care Organization

The managed care delivery system is the same as an already approved managed care program.

The managed care program is operating under (select one):

Section 1915(a) voluntary managed care program.

Section 1915(b) managed care waiver.

Section 1932(a) mandatory managed care state plan amendment.

Section 1115 demonstration.

Section 1937 Alternative (Benchmark) Benefit Plan state plan amendment.



# Alternative Benefit Plan

Identify the date the managed care program was approved by CMS:

Describe program below:

The Virginia Medicaid Managed Care program (Medallion) operating with contracted MCOs was initially approved by CMS January 1, 1996. Since its inception, this program continued to expand the number of populations covered as well as the geographical area served. In July 2013, the managed care program expanded to cover the entire state of Virginia.

The CCC Plus waiver was approved April 27, 2017 with an effective date of July 1, 2017 and was approved for five years. The latest CMS re-approval of the CCC Plus waiver was July 1, 2021.

Medicaid Buy-In individuals are enrolled in Medicaid MCOs unless they have other health insurance coverage (TPL), including Medicare. Individuals that have TPL are enrolled in the Medicaid fee-for-service (FFS) program and receive wrap-around coverage, including any ABP services not provided by the primary health insurer, through the FFS program.

The Alternative Benefit Plan will be provided through primary care case management (PCCM) consistent with applicable managed care requirements (42 CFR Part 438, section 1903(m) of the Social Security Act, and section 1932 of the Social Security Act).

## #type# Procurement or Selection Method

Indicate the method used to select #type#s:

Competitive procurement method (RFP, RFA).

Other procurement/selection method.

Describe the method used by the state/territory to procure or select the MCOs:

## Other MCO-Based Service Delivery System Characteristics

One or more of the Alternative Benefit Plan benefits or services will be provided apart from the managed care organization.

List the benefits or services that will be provided apart from the #type#, and explain how they will be provided. Add as many rows as needed.

Add	Name	Description	Remove
<b>Add</b>	IEP School Health Services	Fee-for-service	<b>Remove</b>
<b>Add</b>	Home and Community-Based Waiver Services	Fee-for-service	<b>Remove</b>
<b>Add</b>	Dental Services	Provided through a Dental Administrative Services Organization	<b>Remove</b>
<b>Add</b>	Transportation	A private contractor is paid a capitated rate.	<b>Remove</b>

MCO service delivery is provided on less than a statewide basis.

## #type# Participation Exclusions

Individuals are excluded from MCO participation in the Alternative Benefit Plan:

## General #type# Participation Requirements

Indicate if participation in the managed care is mandatory or voluntary:



# Alternative Benefit Plan

Mandatory participation.

Voluntary participation. Indicate the method for effectuating enrollment:

Describe method of enrollment in MCOs:

Once individuals are enrolled in Medicaid, they will receive a letter indicating that they may select one of the contracted MCOs. These letters shall indicate an assigned MCO in which the member will be enrolled if he does not make a selection within a period specified by DMAS of not less than 30 days. (Individuals are assigned through a system algorithm based upon the member's history with a contracted MCO.) DMAS has sole responsibility for determining enrollment in the contractor's plan. DMAS utilizes an independent enrollment broker under contract to DMAS to assist members with making plan choices after initial preassignment and during open enrollment.

**Additional Information: #type# (Optional)**

Provide any additional details regarding this service delivery system (optional):

**Fee-For-Service Options**

Indicate whether the state/territory offers traditional fee-for-service and/or services managed under an administrative services organization:

Traditional state-managed fee-for-service

Services managed under an administrative services organization (ASO) arrangement

Please describe this fee-for-service delivery system, including any bundled payment arrangements, pay for performance, fee-for-service care management models/non-risk, contractual incentives as well as the population served via this delivery system.

The Medicaid fee-for-service (FFS) system provides services to Medicaid-eligible individuals state-wide. The program covers newly-Medicaid-enrolled individuals until they can enroll in a Medicaid-contracted MCO in the managed care program. It also covers the following services and individuals that are carved out of or excluded from the managed care program: IEP school health services, dental services, and home and community-based waiver services. The FFS program provides dental health services for Medicaid individuals through an administrative service organization (ASO). Transportation services are provided through a capitated arrangement with a private contractor.

**Additional Information: Fee-For-Service (Optional)**

Provide any additional details regarding this service delivery system (optional):

PRA Disclosure Statement

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V.20181119



# Alternative Benefit Plan

State Name:

Attachment 3.1-L-

OMB Control Number: 09381148

Transmittal Number: VA - 22 - 0013

## Employer Sponsored Insurance and Payment of Premiums ABP9

The state/territory provides the Alternative Benefit Plan through the payment of employer sponsored insurance for participants with such coverage, with additional benefits and services provided through a Benchmark or Benchmark-Equivalent Benefit Package.

The state/territory otherwise provides for payment of premiums.

Other Information Regarding Employer Sponsored Insurance or Payment of Premiums:

### PRA Disclosure Statement

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V.20160722



# Alternative Benefit Plan

State Name:

Attachment 3.1-L-

OMB Control Number: 09381148

Transmittal Number: VA - 22 - 0013

**General Assurances** **ABP10**

**Economy and Efficiency of Plans**

The state/territory assures that Alternative Benefit Plan coverage is provided in accordance with Federal upper payment limit requirements and other economy and efficiency principles that would otherwise be applicable to the services or delivery system through which the coverage and benefits are obtained.

Economy and efficiency will be achieved using the same approach as used for Medicaid state plan services.

**Compliance with the Law**

The state/territory will continue to comply with all other provisions of the Social Security Act in the administration of the state/territory plan under this title.

The state/territory assures that Alternative Benefit Plan benefits designs shall conform to the non-discrimination requirements at 42 CFR 430.2 and 42 CFR 440.347(e).

The state/territory assures that all providers of Alternative Benefit Plan benefits shall meet the provider qualification requirements of the Base Benchmark Plan and/or the Medicaid state plan.

**PRA Disclosure Statement**

According to the Paperwork Reduction Act of 1995, no persons are required to respond to a collection of information unless it displays a valid OMB control number. The valid OMB control number for this information collection is 0938-1148. The time required to complete this information collection is estimated to average 5 hours per response, including the time to review instructions, search existing data resources, gather the data needed, and complete and review the information collection. If you have comments concerning the accuracy of the time estimate(s) or suggestions for improving this form, please write to: CMS, 7500 Security Boulevard, Attn: PRA Reports Clearance Officer, Mail Stop C4-26-05, Baltimore, Maryland 21244-1850.

V.20160722



# Alternative Benefit Plan

State Name:

Attachment 3.1-L-

OMB Control Number: 09381148

Transmittal Number: VA - 22 - 0013

**Payment Methodology** **ABP11**

**Alternative Benefit Plans - Payment Methodologies**

The state/territory provides assurance that, for each benefit provided under an Alternative Benefit Plan that is not provided through managed care, it will use the payment methodology in its approved state plan or hereby submits state plan amendment Attachment 4.19a, 4.19b or 4.19d, as appropriate, describing the payment methodology for the benefit.

**An attachment is submitted.**

**PRA Disclosure Statement**

According to the Paperwork Reduction Act of 1995, no persons are required to respond to a collection of information unless it displays a valid OMB control number. The valid OMB control number for this information collection is 0938-1148. The time required to complete this information collection is estimated to average 5 hours per response, including the time to review instructions, search existing data resources, gather the data needed, and complete and review the information collection. If you have comments concerning the accuracy of the time estimate(s) or suggestions for improving this form, please write to: CMS, 7500 Security Boulevard, Attn: PRA Reports Clearance Officer, Mail Stop C4-26-05, Baltimore, Maryland 21244-1850.

V.20160722