

# Addiction and Recovery Treatment Services (ARTS):

## Medicaid's Substance Use Disorder Treatment Benefit

Last Updated March 13, 2024

Substance use can affect lives differently and it is known that many people who experience issues with substance use benefit from treatment.

Several new treatment approaches are covered by your Medicaid benefit and we are here to help you understand the available options.

Treatment options range from outpatient to inpatient services to include Medication Assisted Treatment (MAT) for prescription drugs or other opioids.

You can talk with your primary care doctor about treatment options for substance or alcohol use. Your doctor and/or health care team will work with you to find the best program for you. Or you can:

- Contact the ARTS Care Coordinator at your Managed Care Organization (*see contact info on the back of this sheet*).
- Visit <https://www.dmas.virginia.gov/for-providers/addiction-and-recovery-treatment-services/information-and-provider-map/> for treatment options in your local area.

For Medicaid members who are enrolled in the Commonwealth Coordinated Care Plus (CCC Plus) Program, you can also speak with your CCC Plus Care Coordinator who will help manage your overall care. Your Care Coordinator will work with your ARTS Care Coordinator to ensure that all of your medical providers and services are considered in your overall health care plan.



- ✓ Inpatient Detox
- ✓ Residential Treatment
- ✓ Partial Hospitalization
- ✓ Intensive Outpatient Programs
- ✓ Opioid Treatment Programs
- ✓ Office-Based Addiction Treatment
- ✓ Case Management
- ✓ Peer Recovery Supports

## What is an ARTS Care Coordinator?

ARTS Care Coordinators help Medicaid members navigate addiction and recovery treatment options and other supports. The Virginia Department of Medical Assistance Services (DMAS) partners with Managed Care Organizations (MCOs) to provide care coordination services to support you.

| MCO                                            | ARTS Care Coordinator                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | CCC Plus Care Coordinator                                                                                               |
|------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------|
| <p><b>Aetna Better Health of Virginia</b></p>  | <p>Steve Ratliff, LPC<br/>           Phone: 540-488-4725<br/>           Fax 860-900-1229<br/> <a href="mailto:RatliffS@aetna.com">RatliffS@aetna.com</a></p>                                                                                                                                                                                                                                                                                                                                                                                                                | <p>1-800-279-1878<br/>           (transferred to Members Services where they can be connected to Care Coordinators)</p> |
| <p><b>Anthem HealthKeepers Plus</b></p>        | <p>Rochelle Bland, LPC, CSAC<br/>           Phone: 804-219-6013<br/> <a href="mailto:RochelleE.Bland@carelon.com">RochelleE.Bland@carelon.com</a></p>                                                                                                                                                                                                                                                                                                                                                                                                                       | <p>(800) 901-0020<br/>           TTY: 711</p>                                                                           |
| <p><b>Molina Healthcare</b></p>                | <p>Theo Appiah-Acheampong, LCSW, CCTP<br/>           Dir, Healthcare Services<br/>           (804) 217-4843<br/> <a href="mailto:Theodora.Appiah-Acheampong@molinahealthcare.com">Theodora.Appiah-Acheampong@molinahealthcare.com</a></p> <p>Greta McCray, RN (CCC+)<br/>           (757) 709-9508<br/> <a href="mailto:Greta.McCray@molinahealthcare.com">Greta.McCray@molinahealthcare.com</a></p> <p>Lisa Owsley, M.Ed., LPC (Medallion 4)<br/>           (276) 639-8358<br/> <a href="mailto:Lisa.Owsley@molinahealthcare.com">Lisa.Owsley@molinahealthcare.com</a></p> | <p>1-800-424-4524<br/>           Press Option 3, then 4 for Substance Use assistance</p>                                |
| <p><b>Sentara Community Plan</b></p>           | <p>Phone: (800) 881-2166</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | <p>(800) 881-2166</p>                                                                                                   |
| <p><b>United Healthcare Community Plan</b></p> | <p>1-844-752-9434</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | <p>1-844-752-9434</p>                                                                                                   |