

Virginia Medicaid Addiction and Recovery Treatment Services (ARTS)

Reimbursement for Screening, Brief Intervention and Referral to Treatment (SBIRT)

Last Updated January 23, 2024

Click here to find the most current rates:

<https://www.dmas.virginia.gov/for-providers/rates-and-rate-setting/procedure-fee-files-cpt-codes/>

What is SBIRT?

- **Screening, Brief Intervention, and Referral to Treatment (SBIRT)** is an evidence/community-based practice designed to identify, reduce, and prevent problematic substance use disorders.
- **Screening** — a healthcare professional assesses a patient for risky substance use behaviors using standardized screening tools. Screening can occur in any healthcare setting
- **Brief Intervention** — a healthcare professional engages a patient showing risky substance use behaviors in a short conversation, providing feedback and advice
- **Referral to Treatment** — a healthcare professional provides a referral to brief therapy or additional treatment to patients who screen in need of additional services

Medicaid Payer-Specific Staff Requirements:

- Physicians, pharmacists, and other licensed credentialed addiction treatment professionals shall administer the evidence-based screening tool. The physician may also delegate providing the counseling and intervention to these individuals, but should be available for review as needed.
- Licensed providers may complete the screening or delegate administration of the evidence-based screening tool to other clinical staff as allowed by their scope of practice. **The licensed provider shall review the tool with the individual and provide the counseling and intervention.**

SBIRT Evidenced Based Tools (not an all-inclusive list)

- Drug Abuse Screening Test (DAST)
- Clinical Opiate Withdrawal Scale (COWS)
- Subjective Opiate Withdrawal Scale (SOWS)
- CAGE-AID

SBIRT Training Resources

- <https://www.naadac.org/webinars>
- <https://www.samhsa.gov/sbirt>